LIVEWELL!
LIFESTYLE PROGRAMS & EVENTS

Calendar of Events | July 2010

Horizon Bay at San Marcos

1720 Ranch Road 12, San Marcos, TX 78666 Tel# 512-392-7200

Facility ID# 050254, 050255

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				8:00 Dr.Appointments **1** 9:30 Story Circle 1:00 Trip to HEB **6:45 Concert in the Park**	10:00 F.F. Exercise 10:35 Men's Exercise **2** 3:00 Happy Hour	**10:00 Chair Hula** **3** 1:00 Game Time/ Dominoes 2:00 Bingo 6:00 Movie Night
Independence Day **4** 9:00 Worship 9:30 Communion 2:00 Reminisce Time 6:00 Eve.Worship	10:00 F.F. Exercise Class **5** 10:35 Men's Exercise 3:00 Chickenfoot With Volunteers **3:00 LiveWell Mind Aerobics** 6:00 Travel Program	8:00 Dr.Appointments **6** 10:30 Bible Study 1:30 Sing A Long 1:30 Writers Group 3:30 ForeverFit Tai Chi 6:00 Movie & Popcorn	10:00 F.F. Exercise 10:35 Men's Exercise Class **7** **2:00 Strong for Life** 3:00 Bingo	8:00 Dr.Appointments **8** 9:30 Story Circle **6:45 Concert in the Park**	10:00 F.F. Exercise 10:35 Men's Exercise **9** 3:00 Happy Hour	**10:00 Chair Hula** **10** 1:00 Game Time/ Dominoes 2:00 Bingo 6:00 Movie Night
9:00 Worship **11** 9:30 Communion 2:00 Reminisce Time 6:00 Eve.Worship	10:00 F.F. Exercise Class **12** 10:35 Men's Exercise **1:00 LiveWell Mind Aerobics** 3:00 Chickenfoot With Volunteers 6:00 Travel Program	8:00 Dr.Appointments **13** 10:30 Bible Study 1:30 Sing A Long 1:30 Writers Group 3:30 ForeverFit Tai Chi 6:00 Movie & Popcorn	10:00 F.F. Exercise 10:35 Men's Exercise Class **14** **2:00 Strong for Life** 3:00 Bingo	8:00 Dr.Appointments **15** 9:30 Story Circle 1:00 Trip to HEB **6:45 Concert in the Park**	10:00 F.F. Exercise 10:35 Men's Exercise **16** 3:00 Happy Hour	**10:00 Chair Hula** **17** 1:00 Game Time/ Dominoes 2:00 Bingo 6:00 Movie Night
9:00 Worship **18** 9:30 Communion 2:00 Reminisce Time 6:00 Eve.Worship	10:00 F.F. Exercise Class **19** 10:35 Men's Exercise **1:00 LiveWell Mind Aerobics** 3:00 Chickenfoot With Volunteers 6:00 Travel Program	8:00 Dr.Appointments **20** 10:30 Bible Study 1:30 Sing A Long 1:30 Writers Group 3:30 ForeverFit Tai Chi 6:00 Movie & Popcorn	10:00 F.F. Exercise 10:35 Men's Exercise Class **21** **2:00 Strong for Life** 3:00 Bingo	8:00 Dr.Appointments **22** **8:45 Chair Yoga** 9:30 Story Circle 1:00 Trip to HEB **6:45 Concert in the Park**	10:00 F.F. Exercise **10:35 Essay Contest on "LiveWell"** **23** 10:35 Men's Exercise **1:30 Happiness Party** 3:00 Happy Hour	**10:00 Chair Hula** **24** 1:00 Game Time/ Dominoes 2:00 Bingo 6:00 Movie Night
9:00 Worship **25** 9:30 Communion 2:00 Reminisce Time 6:00 Eve.Worship	10:00 F.F. Exercise Class **26** 10:35 Men's Exercise **1:00 LiveWell Mind Aerobics** **2:00 LiveWell Education Talk** 3:00 Chickenfoot With Volunteers **3:00 Self-Care For Chronic Pain** 6:00 Travel Program	8:00 Dr.Appointments **27** 10:30 Bible Study 1:30 Sing A Long 1:30 Writers Group 3:30 ForeverFit Tai Chi 6:00 Movie & Popcorn	10:00 F.F. Exercise 10:35 Men's Exercise Class **28** **11:00 Red Hats/ Lunch Out** **2:00 Strong for Life** 3:00 Bingo	8:00 Dr.Appointments **29** 9:30 Story Circle 1:00 Trip to HEB **3:00 Resident Council** **6:45 Concert in the Park**	10:00 F.F. Exercise **10:35 Spanish 101** **30** 10:35 Men's Exercise **1:30 New Resident Mixer** 3:00 Happy Hour	**10:00 Chair Hula** **31** 1:00 Game Time/ Dominoes 2:00 Bingo 6:00 Movie Night