

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |   |
|--|---|---|---|---|---|--|---|
|  |   |   | 7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:15 Morning Power Snack<br>12:00 Ambassador Meeting/Luncheon<br>2:30 Ice Cream Cone Social<br>3:00 Wheel of Fortune<br>3:00 Rook<br>6:00 Dominoes   | 1<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 The Name Game<br>10:00 CVS Drug Store<br>10:15 IGA Grocery<br>10:30 Devotional<br>1:00 One on One<br>2:00 Chieftains Museum<br>6:00 Rummikub   | 2<br>7:15 B & B Club<br>8:00 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 Strong For Life<br>9:30 ForeverFit Exercise<br>10:00 A-Z Games<br>10:30 Wal-Mart<br>11:00 Library<br>11:00 Labor Day Cook Out<br>6:00 Bingo/Sandra  | 3<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:00 ForeverFit Exercise<br>10:00 Arts & Crafts<br>10:30 Reminiscence<br>2:00 Bridge<br>6:30 Study S.S. Lesson/Liz  | 4   |
| 7:15 B & B Club<br>9:30 Sunday School<br>10:00 Animal Kingdom/TV 17<br>2:00 Bridge<br>3:00 Ladies Puzzle Table<br>5:30 ForeverFit Walking<br>6:00 Wesley Methodist Church  | 5<br>Labor Day<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:30 ForeverFit Exercise<br>6:00 Deer Watch   | 6<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Bank & Post Office<br>10:00 Creative Musings<br>10:30 Shop/Berry Mall<br>1:00 Bus Ride/Cave Spring, Ga.<br>2:00 Bridge<br>2:30 Craft Nook<br>3:00 Ladies Discussion Group<br>6:00 Bird Watch                 | 7<br>Rosh Hashanah Begins<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 BP & Weights<br>11:00 September Birthday Luncheon<br>2:30 Katie Hicks/Piano Concert<br>3:00 Rook<br>6:00 Dominoes  | 8<br>Rosh Hashanah<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 CVS Drug Store<br>10:15 IGA Grocery<br>10:30 Devotional<br>1:00 One on One<br>2:00 Clairmount House<br>6:00 Rummikub  | 9<br>7:15 B & B Club<br>8:00 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 Strong For Life<br>9:30 ForeverFit Exercise<br>10:00 New Resident Orientation<br>2:30 Dixie Stompers<br>3:00 New Resident Social<br>3:30 Getting to Know You<br>6:00 Bingo/Sandra   | 10<br>Patriot Day<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:00 ForeverFit Exercise<br>10:00 Arts & Crafts<br>10:30 Reminiscence<br>2:00 Bridge<br>6:30 Study S.S. Lesson/Liz  | 11  |
| Grandparents Day<br>Assisted Living Week Begins<br>7:15 B & B Club<br>9:30 Sunday School<br>10:00 Animal Kingdom/TV 17<br>2:00 Bridge<br>3:00 Ladies Puzzle Table<br>5:30 ForeverFit Walking<br>6:00 Wesley Methodist Church | 12<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Mind Aerobics<br>10:00 Morning Power Snack<br>1:00 One on One<br>2:30 Entertainment/Raquel Bustos<br>3:00 Monday Social<br>3:30 Computer Help/First Floor<br>6:00 Deer Watch    | 13<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Bank & Post Office<br>10:00 AZ Words<br>10:30 Shop/Berry Mall<br>1:00 Bus Ride/Marth Berry Museum<br>2:00 Bridge<br>2:30 Yes That is Me<br>3:00 Summertime Refreshments<br>6:00 Chicken Soup For The Soul   | 14<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Coffee & Tea<br>10:30 LiveWell! Leadership Forum<br>2:00 Movie/Big Fat Greek Wedding<br>2:30 Party Hop Pod A/B Down<br>3:00 Rook<br>3:00 Getting to Know You Pod A/B Down<br>6:00 St Apollo DVD | 15<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Self Care/Chronic Pain<br>10:00 Morning Power Snack<br>2:30 Blueberry Float<br>3:00 Wheel of Fortune<br>3:00 Rook<br>6:00 St. Paul in Greece  | 16<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 CVS Drug Store<br>10:00 The Name Game<br>10:15 IGA Grocery<br>10:30 Devotional<br>12:00 AL Luncheon<br>1:00 One on One<br>1:00 Food Committee Meeting<br>1:30 Leon Smith/Gospel Artist<br>6:00 Rummikub | 17<br>7:15 B & B Club<br>8:00 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 Strong For Life<br>9:30 ForeverFit Exercise<br>10:00 LiveWell! Be Your Best<br>10:30 Library<br>2:00 Teri Helton Sing-Along<br>4:00 Dinner Out Red Lobster<br>6:00 Bingo/Sandra | 18<br>Yom Kippur<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:00 ForeverFit Exercise<br>10:00 Arts & Crafts/Toga Wreaths<br>10:30 Reminiscence<br>2:00 Bridge<br>6:30 Study S.S. Lesson/Liz |
| 7:15 B & B Club<br>9:30 Sunday School<br>10:00 Animal Kingdom/TV 17<br>2:00 Bridge<br>3:00 Ladies Puzzle Table<br>5:30 ForeverFit Walking<br>6:00 Wesley Methodist Church  | 19<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Mind Aerobics<br>10:00 Morning Power Snack<br>1:00 One on One<br>2:00 Tea & Trivia<br>2:30 Relax and Meditate<br>3:30 Computer Help/Second Floor<br>6:00 Deer Watch             | 20<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Bank & Post Office<br>10:00 Bingo/Transitions Hospice<br>10:30 Shop/Berry Mall<br>1:00 Bus Ride/Historic East Rome<br>2:00 Bridge<br>2:30 Craft Nook<br>3:00 Ladies Discussion Group<br>6:00 Current Events | 21<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Self Care/Chronic Pain<br>10:00 Morning Power Snack<br>2:30 Blueberry Float<br>3:00 Wheel of Fortune<br>3:00 Rook<br>6:00 St. Paul in Greece  | 22<br>Sukkot<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 CVS Drug Store<br>10:00 LiveWell! Healthy Aging<br>10:15 IGA Grocery<br>10:30 Devotional<br>1:00 One on One<br>2:00 Ice Cream Social<br>2:30 My Life Story<br>6:00 Rummikub | 23<br>7:15 B & B Club<br>8:00 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 Strong For Life<br>9:30 ForeverFit Exercise<br>10:00 LiveWell! Cholesterol Awareness<br>10:30 Wal-Mart<br>2:30 Toga Party<br>6:00 Bingo/Sandra   | 24<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:00 ForeverFit Exercise<br>10:00 Arts & Crafts<br>10:30 Reminiscence<br>2:00 Bridge<br>6:30 Study S.S. Lesson/Liz   | 25  |
| 7:15 B & B Club<br>9:30 Sunday School<br>10:00 Animal Kingdom/TV 17<br>2:00 Bridge<br>3:00 Ladies Puzzle Table<br>5:30 ForeverFit Walking<br>6:00 Wesley Methodist Church  | 26<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Mind Aerobics<br>10:00 Morning Power Snack<br>1:00 One on One<br>1:00 Dollar General<br>2:00 Resident Council Meeting<br>2:30 Hot Cocoa<br>3:00 Reminiscence<br>6:00 Deer Watch | 27<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 Bank & Post Office<br>10:00 Circle of Friends<br>10:30 Shop/Berry Mall<br>1:00 Bus Ride/Garden Lakes<br>2:00 Bridge<br>2:30 Craft Nook<br>3:00 Ladies Discussion Group<br>6:00 Bird Watch                   | 28<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:00 Fun and Fitness Fair<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>11:00 Lunch Out Sage House<br>3:00 Rook<br>6:00 Dominoes   | 29<br>7:15 B & B Club<br>8:30 ForeverFit Walking<br>9:25 Daily Chronicle<br>9:30 ForeverFit Exercise<br>10:00 CVS Drug Store<br>10:00 Volunteer Opportunities<br>10:15 IGA Grocery<br>10:30 Devotional<br>1:00 One on One<br>2:00 Rome History Museum<br>6:00 Rummikub                              | 30  |  |   |