

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ROOM KEY</b> Bis - Bistro TR - Chapel/Theater DR - Dining Room LIB - Library LOB - Lobby WC - Wellness Center			9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups : Triple Treat Trivia (Bis) <b>1</b> 9:45 Catholic Communion (Resident Apartments) 10:30 Forever Fit: Chair Tai Chi (TR) 11:00 Mind Aerobics: Zoom Word (TR) 11:30 Self Care for Chronic Pain:Meditation (TR) 1:30 Wii Bowling (TR) 3:30 Worship and Bible Study (DR) 6:00 Game Night with Larry and Julie (DR)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Hangman (Bis) <b>2</b> 10:45 Forever Fit: Chair Yoga (WC) 11:00 Mind Aerobics: Letter Tree (Wellness) 1:00 Uno (Game Room (Chapel)) 2:30 Journaling Crew: My Life Story (Bis) 3:00 Bingo (WC) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Grrek Names and Meanings (Bis) <b>3</b> 10:45 Forever Fit: Pilates Bands (WC) 11:00 Mind Aerobics: A to Z (TR) 11:30 Travel Log: Greece (Bis) <b>1:00 Welcome Ambassador's Tea (LIB)</b> <b>2:00 Terrace Showcase: Harvey Sheppard (DR)</b> 3:30 Crafty Hands Club (WC) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Opposites (Bis) <b>4</b> 10:45 Forever Fit: Chair Dancing (WC) 11:00 Mind Aerobics:Name That Tune (WC) 1:30 Destinations Shopping: Dollar Tree (Shopping Outing) 3:00 Pokeno (WC) 6:00 Resident Led Table Games (Bis)
9:00 Champions Church of Christ (WC) <b>5</b> 9:00 Walking Club (LOB) 1:30 Sunday Ice Cream Social (Bis) 1:30 Sunday Matinee (Chapel/ Theater) 6:00 Resident Led Table Games (Bis)	<b>Labor Day</b> 9:00 Walking Club (LOB) <b>6</b> 9:30 Brain Fitness Warm Ups : What's in your Head? (Bis) 10:45 Forever Fit (WC) 11:00 Mind Aerobics: It's All Greek to Me (WC) 11:30 Poet's Corner (Bis) 1:30 "42" with Mr. Boyd (LIB) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups:Food For Thought - Olives (Bis) <b>7</b> <b>10:30 Destinations to Via Yia Mary's (Lunch Bunch Outing)</b> 10:45 Forever Fit: Chair Pilates (WC) 11:00 Mind Aerobics : Education Series (WC) 1:30 30 Minute "LCR" (Bis) 2:00 Music Memories (DR) 3:00 Bingo (WC) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:45 Catholic Communion (Resident Apartments) <b>8</b> 10:30 Forever Fit: Chair Tai Chi (TR) 11:00 Mommy and I Visits (Bistro/ Reminiscence) 11:30 Self Care for Chronic Pain:Meditation (TR) 2:00 Walmart- Shopping (Outing) 3:30 Worship and Bible Study (DR) 6:00 Game Night with Larry and Julie (DR)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Optical Illusions (Bis) <b>9</b> 9:30 Brain Fitness Warm up: Fargo Dice (Bis) 10:45 Forever Fit: Chair Yoga (WC) 11:00 Mind Aerobics: Ancient Greece A Timeline Choice (WC) <b>1:00 New Resident Orientation (LIB)</b> 1:30 Resident's Choice Table Games (Game Room (Chapel)) 3:00 Bingo (WC) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 3 - Letter Word Game 10:45 Forever Fit: Pilates Bands (WC) <b>10</b> 11:00 Circle Word Challenge (Bis) 11:30 Front Porch Travelers : Athens, Greece (Bis) <b>2:00 Food Committee Meeting (WC)</b> <b>2:00 Welcome Residents Reception with Tracy Pace (DR)</b> 3:30 Crafty Hands Club (WC) 6:00 Resident Led Table Games (Bis) 6:30 Lakewood Church Men's Group (LIB)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Hoy!! (Bis) <b>11</b> 10:45 Forever Fit: Chair Dancing (WC) 11:00 Mind Aerobics:Name That Tune (WC) 3:00 Pokeno (WC) 6:00 Resident Led Table Games (Bis)
9:00 Champions Church of Christ (WC) <b>12</b> 9:00 Walking Club (LOB) 1:30 Sunday Ice Cream Social (Bis) 1:30 Sunday Matinee (Chapel/ Theater) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups : Connect Three (Bis) <b>13</b> 9:30 Brain Fitness Warm Ups: Whoonu?? (Bis) 10:45 Forever Fit (WC) 11:30 Poet's Corner (Bis) 1:30 "42" with Mr. Boyd (LIB) <b>2:30 Terrace Theater Presents: "My Big Fat Greek Wedding" (WC)</b> 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups : Say What? (Bis) <b>14</b> 10:45 Forever Fit: Chair Pilates (WC) 11:00 Mind Aerobics : Education Series (WC) <b>1:00 Art Expressions with Jan McCormick (Bis)</b> 1:30 30 Minute "LCR" (Bis) 2:00 Music Memories (DR) 3:00 Bingo (WC) 4:00 Dice Baseball (WC) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups : Triple Treat Trivia (Bis) <b>15</b> 9:30 Brain Fitness Warm Ups: Memory Game (Bis) 9:45 Catholic Communion (Resident Apartments) 10:30 Forever Fit: Chair Tai Chi (TR) 11:30 Self Care for Chronic Pain:Meditation (TR) 1:30 Wii Bowling (TR) 2:00 Walmart- Shopping (Outing) 3:30 Worship and Bible Study (DR) 6:00 Game Night with Larry and Julie (DR)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Hangman (Bis) <b>16</b> 10:45 Forever Fit: Chair Yoga (WC) 11:00 Mind Aerobics: Letter Tree (Wellness) 1:00 Uno (Game Room (Chapel)) <b>2:00 Leadership Forum Meeting (LIB)</b> 2:30 Journaling Crew: My Life Story (Bis) 3:00 Bingo (WC) 3:00 Healthy Aging: Making the Most of Your Doctor Visits (Chapel) 6:00 Resident Led Table Games (Bis)	1:30 Resident Ambassadors Service Organization (LIB) <b>17</b> 9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups:Pig Out Card Game (Bis) 10:45 Forever Fit: Pilates Bands (WC) 11:00 Mind Aerobics: A to Z (TR) 11:30 Travel Log (Bis) <b>1:00 Executive Director's Forum (WC)</b> <b>2:00 Executive Director's Forum (WC)</b> 3:30 Crafty Hands Club (WC) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Opposites (Bis) <b>18</b> 10:45 Forever Fit: Chair Dancing (WC) 11:00 Mind Aerobics:Name That Tune (WC) 1:30 Destinations Shopping: Dollar Tree (Shopping Outing) 3:00 Pokeno (WC) 6:00 Resident Led Table Games (Bis)
9:00 Champions Church of Christ (WC) <b>19</b> 9:00 Walking Club (LOB) 1:30 Sunday Ice Cream Social (Bis) 1:30 Sunday Matinee (Chapel/ Theater) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Word Parts (Bis) <b>20</b> 9:30 Curtain Calls : Politics of Mount Olympus (Bis) 10:45 Forever Fit (WC) 11:00 Mind Aerobics: What's in a Word? (WC) 11:30 Poet's Corner (Bis) 1:30 "42" with Mr. Boyd (LIB) <b>2:30 Terrace Theater Presents: "My Life in Ruins" (WC)</b> 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Conversation Questions (Bis) <b>21</b> 10:00 Musical Culture Hour with Adam Clay (DR) 10:45 Forever Fit: Chair Pilates (WC) 11:00 Mind Aerobics : Education Series (WC) 11:00 Destinations to Kebab Kahni (Lunch Bunch Outing) 1:30 30 Minute "LCR" (Bis) 2:00 Music Memories: Zorba The Greek (DR) 3:00 Bingo (WC) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:45 Catholic Communion (Resident Apartments) <b>22</b> 10:30 Forever Fit: Chair Tai Chi (TR) 11:00 Mommy and I Visits (Bistro/ Reminiscence) 11:00 Mind Aerobics: Zoom Word (TR) 11:30 Self Care for Chronic Pain:Meditation (TR) 1:30 Wii Bowling (TR) 2:00 Walmart- Shopping (Outing) 3:30 Worship and Bible Study (DR) 6:00 Game Night with Larry and Julie (DR)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm up: Pig Out Dice (Bis) <b>23</b> 10:45 Forever Fit: Chair Yoga (WC) 11:00 Mind Aerobics: Greek Mythology (WC) 1:30 Resident's Choice Table Games (Game Room (Chapel)) 2:00 Health Aging: Exercising Your Brain (Chapel) 2:30 Journaling Crew: My Life Story (Bis) 3:00 Bingo (WC) <b>4:30 Destinations to Clementine's (Dinner Out Event)</b> 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm-ups: Wacky Wit (Bis) <b>24</b> 10:45 Forever Fit: Pilates Bands (WC) 11:30 Travel Log (Bis) <b>2:30 Birthday Celebration with Pam and Harry (DR)</b> 3:30 Wine and Cheese (Bis) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Hoy!! (Bis) <b>25</b> 10:45 Forever Fit: Chair Dancing (WC) 11:00 Mind Aerobics:Name That Tune (WC) 3:00 Pokeno (WC) 6:00 Resident Led Table Games (Bis)
9:00 Champions Church of Christ (WC) <b>26</b> 9:00 Walking Club (LOB) 1:30 Sunday Ice Cream Social (Bis) 1:30 Sunday Matinee (Chapel/ Theater) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups : Connect Three (Bis) <b>27</b> 10:00 Destinations Mall Walk (Physical Fitness Outing) 10:45 Forever Fit (WC) 11:15 Mind Aerobics : Poepole of Greece (WC) 11:30 Poet's Corner (Bis) 1:30 "42" with Mr. Boyd (LIB) 1:30 Resident Town Hall (TR) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups : Say What? (Bis) <b>28</b> 9:30 HOY!! Card Game (Bis) <b>10:00 Destinations Mall Walk (Physical Fitness Outing)</b> 10:45 Forever Fit: Chair Pilates (WC) 11:00 Mind Aerobics : Education Series (WC) <b>1:00 Art Expressions with Jan McCormick (Bis)</b> 1:30 30 Minute "LCR" (Bis) <b>3:00 A Gods and Goddesses Gala (WC)</b> 4:00 Cover-all (Game Room (Chapel)) 6:00 Resident Led Table Games (Bis)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups : Triple Treat Trivia (Bis) <b>29</b> 9:45 Catholic Communion (Resident Apartments) 10:30 Forever Fit: Chair Tai Chi (TR) 11:30 Self Care for Chronic Pain:Meditation (TR) 1:30 Wii Bowling (TR) 2:00 Walmart- Shopping (Outing) 3:30 Worship and Bible Study (DR) 6:00 Game Night with Larry and Julie (DR)	9:00 Walking Club (LOB) 9:30 Brain Fitness Warm Ups: Optical Illusions (Bis) <b>30</b> 9:30 Brain Fitness Warm Ups: Hangman (Bis) 10:45 Forever Fit: Chair Yoga (WC) 11:00 Mind Aerobics: Greek Mythology (Wellness) <b>12:00 Athenian Luncheon (DR)</b> 2:00 Healthy Aging: Diabetes Care (WC) 2:00 Healthy Aging: Diabetes Care (Chapel) 2:30 Journaling Crew: My Life Story (Bis) 3:00 Bingo (WC) 6:00 Resident Led Table Games (Bis)		