

Calendar of Events | September 2010

Horizon Bay at Woodlands - Assisted Living
1730 Woodstead Ct., Woodlands, TX 77380

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY AR - Activity Room CH - Chapel DR - Dinig Room FF - Front Foyer GR - Garden Room PDR - Private Dining Room	Happy Birthday Norma Smiley 9/2 Thelma Mettlach 9/3 Eleanor Willis 9/8 Lorraine Niemann 9/12 Gwen Malone 9/12 Joe Burns 9/12 Mary Wunsche 9/18 Robert Mabry 9/21 Trudy Bilz 9/25	September Theme "Greece" Cradle of Mythology 	9:30 F.F. Strong For Life (DR) 10:00 Coffee & Cookie Social (GR) 1 10:30 F.F. Hokey Pokey Routine (GR) 1:00 Shopping At Wal-mart (FF) 2:00 One on One Room Visits 3:00 Popcorn & Coke Social (GR) 3:30 Learning A Little Greek History (GR) 4:00 Nature Art (GR) 6:15 Movie & Popcorn - My Big Fat Greek Wedding (CH)	Wear White Day 9:30 F.F. Fully Fit Bodies (DR) 2 10:00 Coffee, Cookie & Word Picture Social (GR) 11:00 Velvet Art Expressions (GR) 1:30 Welcome Committee Meeting (CH) 2:00 Bingo & Prizes w/ Whitney From Guardian Healthcare (GR) 3:00 Popcorn & Coke Social (GR) 4:00 My Life Story - Journal Writing (CH) 6:30 Phase 10 Card Game w/ Dinah (GR)	9:30 F.F. Fully Fit Bodies (DR) 3 10:00 Coffee & Cookie Social (GR) 11:00 Chip In (GR) 2:00 Dominoes (GR) 3:00 Popcorn & Coke Social (GR) 3:30 Laurel Leaf Crown Crafts (AR) 4:00 Beginners Line Dancing (GR) 6:30 Table Games (AR)	9:30 F.F. Joints In Motion 10:00 Coffee Social (GR) 4 11:00 Velvet Art Expressions (GR) 2:00 Bingo w/ Leon (DR) 3:00 Popcorn & Coke w/ Carlton (GR) 3:30 Mental Fitness Aerobics (GR) 4:00 Ambassadors Bible Study - Traditons 6:30 Quiet Walks & Strolls
9:30 F.F. Joints In Motion 10:00 Knitters & Croquet Circle (GR) 5 10:15 Woodlands Christian Church (CH) 11:00 Bubble Blowing (GR) 3:00 Spiritual Self Meditations 3:30 Mental Fitness Aerobics (GR) 4:00 Leisure Walks 6:30 Table Games (AR)	Labor Day 9:30 F.F. Ageless Fitness (DR) 6 10:00 15 Min of Mingling & LW: Mind Aerobics (GR) 10:30 A Morning Out w/ Greg (FF) 1:15 Pretty Painted Nails by Tina (GR) 2:00 Bingo (DR) 3:00 Orange Smoothie Social (GR) 3:30 Learning Greek Mythology (GR) 4:00 Wheelchair Walkathon (1st floor) 6:30 Skip-Bo w/ Dinah (GR)	Dont Wear White Day 9:30 F.F. Ageless Fitness (DR) 7 10:00 Coffee & Cookie Social (GR) 10:30 Zorba Greek Dancing Lessons w/ Iolanda (DR) 2:00 Bingo (DR) 3:00 Popcorn & Coke Social (GR) 3:00 Leglers Eye Glass Repairs (GR) 3:30 School of Prayers Continues w/ Emma (CH) 4:00 You be The Judge (GR) 6:30 Rummy w/ Dinah	9:30 F.F. Strong For Life (DR) 8 10:00 Coffee & Cookie Social (GR) 10:30 Legler's Singing (DR) 1:00 Shopping At Wal-mart (FF) 2:00 One on One Room Visits 3:00 Popcorn & Coke Social (GR) 4:00 Nature Art (GR) 6:15 Table Games w/ Dinah (GR)	Computer Bug Day 9:30 F.F. Fully Fit Bodies (DR) 9 10:00 Coffee, Cookie & Word Picture Social (GR) 10:30 The Computer Bug Story (GR) 11:00 Velvet Art Expressions (GR) 1:15 Wii Bowling (CH) 2:00 Bingo (DR) 3:00 Popcorn & Coke Social (GR) 4:00 My Life Story - Journal Writing (CH) 6:30 Phase 10 Card Game w/ Dinah (GR)	9:30 F.F. Fully Fit Bodies (DR) 10 10:00 The Hulin's Piano Recitals (CH) 2:00 Dominoes (GR) 3:00 Popcorn & Coke Social (GR) 3:30 Laurel Leaf Crown Crafts (AR) 4:00 Beginners Line Dancing (GR) 6:30 Candlelight Vigil w/ Guest Speaker Jim Neikirk (CH)	Remembrance Day 9:30 F.F. Joints In Motion 11 10:00 Coffee Social (GR) 10:30 A Salute To America w/ Saloon Singer "Bob" (DR) 2:00 Bingo w/ Leon (DR) 3:00 Popcorn & Coke w/ Carlton (GR) 3:30 Mental Fitness Aerobics (GR) 4:00 Ambassadors Bible Study - Traditons 6:30 Quiet Walks & Strolls
Grandparents Day 12 9:30 F.F. Joints In Motion 10:00 Knitters & Croquet Circle (GR) 11:00 Bubble Blowing (GR) 3:00 Crossroads Baptist Church (CH) 3:30 Mental Fitness Aerobics (GR) 4:00 Leisure Walks 6:30 Table Games (AR)	We Open Our Doors 13 9:30 F.F. Ageless Fitness (DR) 10:00 15 Min of Mingling & LW: Mind Aerobics (GR) 10:30 LW Presentation- Macular Degeneration (DR) 1:15 Pretty Painted Nails by Tina (GR) 2:00 Bingo (DR) 3:00 Orange Smoothie Social (GR) 3:30 Learning Greek Mythology (GR) 4:00 Wheelchair Walkathon (1st floor) 6:30 Skip-Bo w/ Dinah (GR)	Making A Difference Day 14 9:30 F.F. Ageless Fitness (DR) 10:00 Coffee & Cookie Social (GR) 10:30 Knitting & Croqueting Baby Caps w/ Jean (GR) 2:00 Bingo (DR) 3:00 Popcorn & Coke Social (GR) 3:30 School of Prayers Continues w/ Emma (CH) 4:00 You be The Judge (GR) 6:30 Rummy w/ Dinah	Celebrating Colors Day Wear Lua Lei's 15 9:30 F.F. Strong For Life (DR) 10:00 Coffee Social (GR) 10:30 Food Demo w/ Eric - Almond Macaroons (DR) 11:00 Food Committee (DR) 1:00 Shopping At Wal-mart (FF) 2:00 One on One Room Visits 3:00 Popcorn & Coke Social (GR) 4:00 Nature Art (GR) 6:15 Movie & Popcorn - My Life In Ruins (CH)	Random Acts of Kindness Day 16 9:30 F.F. Fully Fit Bodies (DR) 9:45 Mass w/ St. Simon & Jude (CH) 10:00 Create A Card For A Friend (DR) 10:30 New Resident Orientation (PDR) 11:00 Velvet Art Expressions (GR) 1:15 30 Min. Chair Tai Chi w/ Charles (CH) 2:00 Bingo (DR) 3:00 Popcorn & Coke Social (GR) 4:00 My Life Story - Journal Writing (CH) 6:30 Phase 10 Card Game w/ Dinah (GR)	Red Hat Day - Wear Red Hats 17 9:30 F.F. Fully Fit Bodies (DR) 10:00 Coffee & Cookie Social (GR) 10:30 Rayford Sawdust 99 Cent Store (FF) 2:00 Dominoes (GR) 3:00 Popcorn & Coke Social (GR) 3:30 Laurel Leaf Crown Crafts (AR) 4:00 Beginners Line Dancing (GR) 6:30 Table Games (AR)	9:30 F.F. Joints In Motion 10:00 Coffee Social (GR) 18 10:30 Family Life Christian Ministries (DR) 2:00 Bingo w/ Leon (DR) 3:00 Popcorn & Coke w/ Carlton (GR) 3:30 Mental Fitness Aerobics (GR) 4:00 Ambassadors Bible Study - Traditons 7:00 Harvest Moon Dance w/ Entertainers Ivory Touch (DR)
9:30 F.F. Joints In Motion 10:00 Knitters & Croquet Circle (GR) 19 11:00 Bubble Blowing (GR) 3:00 The Crossing Church Worship & Drama Service (DR) 3:30 Mental Fitness Aerobics (GR) 4:00 Leisure Walks 6:30 Table Games (AR)	9:30 F.F. Ageless Fitness (DR) 10:00 Welcoming New Neighbors Social (GR) 20 10:30 A Morning Out w/ Greg (FF) 1:15 Pretty Painted Nails by Tina (GR) 2:00 Bingo (DR) 3:00 Orange Smoothie Social (GR) 3:30 Learning About The Greek Gods (GR) 4:00 Wheelchair Walkathon (1st floor) 6:30 Skip-Bo w/ Dinah (GR)	9:30 F.F. Ageless Fitness (DR) 10:00 Coffee & Cookie Social (GR) 21 10:30 Knitting & Croqueting Baby Caps w/ Jean (GR) 1:30 Leadership Forum Meeting (CH) 2:00 Bingo (DR) 3:00 Popcorn & Coke Social (GR) 3:00 Leglers Eye Glass Repairs (GR) 3:30 School of Prayers Continues w/ Emma (CH) 4:00 You be The Judge (GR) 6:30 Rummy w/ Dinah	9:30 F.F. Strong For Life (DR) 22 10:00 Coffee & Cookie Social (GR) 10:30 Earl's Gospel Sing-alongs (DR) 1:00 Shopping At Wal-mart (FF) 2:00 One on One Room Visits 3:00 Popcorn & Coke Social (GR) 4:00 Nature Art (GR) 6:15 Table Games w/ Dinah (GR)	Health Fair Day 1st Floor 23 9:30-11:30 am 10:00 Coffee Social (GR) 11:30 Live Piano Music w/ Maurice (DR) 1:15 Wii Bowling (CH) 2:00 Bingo (DR) 3:00 Popcorn & Coke Social (GR) 3:30 Surprise Bingo Auction! (DR) 4:00 My Life Story - Journal Writing (CH) 6:30 Phase 10 Card Game w/ Dinah (GR)	9:30 F.F. Fully Fit Bodies (DR) 24 10:00 Coffee & Cookie Social (GR) 10:30 Trip To Target (FF) 1:30 Resident Council w/ Charlotte (CH) 2:00 Toga Party Runway Fashion Show (DR) 3:15 Greek Dancers Performance (DR) 4:00 Beginners Line Dancing (GR) 6:30 Table Games (AR)	9:30 F.F. Joints In Motion 10:00 Coffee Social (GR) 25 11:00 Velvet Art Expressions (GR) 2:00 Bingo w/ Leon (DR) 3:00 Popcorn & Coke w/ Carlton (GR) 3:30 Mental Fitness Aerobics (GR) 4:00 Ambassadors Bible Study - Traditons 6:30 Quiet Walks & Strolls
9:30 F.F. Joints In Motion 10:00 Knitters & Croquet Circle (GR) 26 11:00 Bubble Blowing (GR) 3:00 Crossroads Baptist Church (CH) 3:30 Mental Fitness Aerobics (GR) 4:00 Leisure Walks 6:30 Table Games (AR)	9:30 F.F. Ageless Fitness (DR) 10:00 15 Min of Mingling & LW: Mind Aerobics (GR) 27 10:30 Greek Lunch Outing - Olive Oil Restaurant (FF) 1:15 Pretty Painted Nails by Tina (GR) 2:00 Bingo (DR) 3:00 Orange Smoothie Social (GR) 3:30 Learning About The Greek Gods (GR) 4:00 Wheelchair Walkathon (1st floor) 6:30 Skip-Bo w/ Dinah (GR)	9:30 F.F. Ageless Fitness (DR) 10:00 Coffee & Cookie Social (GR) 28 10:30 Knitting & Croqueting Baby Caps w/ Jean (GR) 2:00 Bingo (DR) 3:00 Popcorn & Coke Social (GR) 3:30 School of Prayers Continues w/ Emma (CH) 4:30 LW:Self Care For Chronic Pain (GR) 6:30 Rummy w/ Dinah	9:30 F.F. Strong For Life (DR) 29 10:00 Coffee & Cookie Social (GR) 10:30 F.F. Hokey Pokey Routine (GR) 1:00 Shopping At Wal-mart (FF) 2:00 One on One Room Visits 3:00 Popcorn & Coke Social (GR) 4:00 Nature Art (GR) 6:15 \$2.00 Bingo Bonanza (DR)	9:30 F.F. Fully Fit Bodies (DR) 30 10:00 Coffee, Cookie & Word Picture Social (GR) 11:00 Velvet Art Expressions (GR) 1:15 Wii Bowling (CH) 2:00 Bingo (DR) 4:00 My Life Story - Journal Writing (CH) 6:30 Phase 10 Card Game w/ Dinah (GR) 7:15 Houston Symphony (FF)	ACTIVITIES ARE SUBJECT TO CHANGE. PLEASE REFER TO THE DAILY ACTIVITY SHEETS IN THE FRAMES ON EACH FLOOR.	