

# Calendar of Events | September 2010

Horizon Bay at Kingwood - Independent Living

929 Rockmead Dr., Kingwood, TX 77339

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ROOM KEY</b> DR - Dining Room Lob - Lobby SU - Sign Up TR - Tea Room TH - Theater WR - Wellness Room			9:00 Randall's/Target Shopping (SU) 10:00 Bingo at the Church (SU) <b>1</b> 10:00 Zumba with Carmen (TH) 1:30 Mind Aerobics (TH) 2:30 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:00 Out on the Town Club (SU)	9:00 Blood Pressure Checks (WR) <b>2</b> 9:30 FF GREEK Zorba Line Dancing (TH) 10:00 Monthly Book Club (Library) 10:00 FF Strong for Life Exercise (TH) 1:45 Exercise Machine Qualification Class (WR) 1:45 Baptist Church with Jerry Cronan (TH) 3:00 Music with Forest Sealy (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	9:30 FF Light 'n Lively Exercise (TH) <b>3</b> 10:00 "Greek Cooking" (Pool/Activity Room) 1:45 Bingo (WR) 3:00 The Music Lady - Tracy Pace (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)	10:00 FF Light 'n Lively Exercise (TH) <b>4</b> 1:45 Bingo (WR) 3:00 Chair Tai Chi with Charles (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)
8:30 Bus to Baptist Church (Lob) <b>5</b> 10:00 Bus to Presbyterian Church (Lob) 2:00 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Greek Movie Night - "Cruise Greece" (TH)	<b>Labor Day</b> 9:15 Blood Pressure Checks (TH) <b>6</b> 10:00 Bingo (WR) 10:30 Zumba with Carmen (TH) 1:00 1st Bus Leaves for Walmart (SU) 1:30 Bridge (Library) 1:45 2nd Bus to Walmart (SU) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	9:30 FF Strong for Life Exercise (TH) <b>7</b> 10:00 Catholic Rosary (TH) 10:00 Chickenfoot Dominoes (WR) 10:30 Catholic Communion (TH) 1:30 Washers (TH) 3:00 Wii Bowling (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Ice Cream Social (TR) 5:15 Movie Club Night (TH)	<b>Rosh Hashanah begins at sundown</b> <b>8</b> 9:00 Randall's/HEB (SU) 10:00 Bingo at the Church (SU) 10:00 Zumba with Carmen (TH) 1:30 Mind Aerobics (TH) 2:30 Bingo (WR) 3:00 New Resident Orientation (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 New Resident Social Hour (TR) 4:00 Social Hour (TR) 5:00 Out on the Town Club (SU)	<b>Rosh Hashanah</b> <b>9</b> 9:00 Blood Pressure Checks (WR) 10:00 FF Strong for Life Exercise (TH) 1:45 Baptist Church with Jerry Cronan (TH) 3:00 Washers (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	9:30 FF Light 'n Lively Exercise (TH) <b>10</b> 10:00 Greek Crafts (Pool/Activity Room) 10:45 Potatoe Patch Restaurant Bus Trip (SU) 1:45 Bingo (WR) 3:00 Guitar Music with Paul Mandes (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)	9:00 Patriot Day 2010 Speech (TH) <b>11</b> 10:00 FF Light 'n Lively Exercise (TH) 1:45 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)
<b>Grandparents Day</b> 8:30 Bus to Baptist Church (Lob) <b>12</b> 10:00 Bus to Presbyterian Church (Lob) 2:00 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:45 Greek Movie Night - "Drive Thru History: Greece & the Word" (TH)	9:15 Blood Pressure Checks (TH) <b>13</b> 10:00 Bingo (WR) 10:30 Zumba with Carmen (TH) 1:00 1st Bus Leaves for Walmart (SU) 1:30 Bridge (Library) 1:45 2nd Bus to Walmart (SU) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	9:30 FF Strong for Life Exercise (TH) <b>14</b> 10:00 Bible Study with Miss Joanna (Library) 10:00 Catholic Rosary (TH) 10:00 Chickenfoot Dominoes (WR) 10:30 Catholic Communion with Mass (TH) 1:30 Washers (TH) 2:00 Food Committee Meeting (TR) 3:00 Wii Bowling (TH) 3:30 Greek Cuisine Party (TR) 3:30 "Before Social" Daily Chronicles (TR) 5:15 Movie Club Night (TH)	9:00 Randall's/Target Shopping (SU) <b>15</b> 10:00 Bingo at the Church (SU) 10:00 Zumba with Carmen (TH) 1:30 Resident Town Hall Meeting with ED (TH) 2:30 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:00 Out on the Town Club (SU)	9:00 Blood Pressure Checks (WR) <b>16</b> 10:00 FF Strong for Life Exercise (TH) 1:45 Baptist Church with Jerry Cronan (TH) 3:00 Medical Seminar by GHMS - "Keeping the Beat: How to Enjoy the Best Life" (TH) 3:00 Washers (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	9:30 FF Light 'n Lively Exercise (TH) <b>17</b> 10:15 Let's Play UNO (WR) 2:30 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night - "My Big Fat Greek Wedding" (TH)	<b>Yom Kippur</b> <b>18</b> 10:00 FF Light 'n Lively Exercise (TH) 1:45 Bingo (WR) 3:00 Chair Tai Chi with Charles (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)
8:30 Bus to Baptist Church (Lob) <b>19</b> 10:00 Bus to Presbyterian Church (Lob) 2:00 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Greek Movie Night - "Discovering Greece" (TH)	9:15 Blood Pressure Checks (TH) <b>20</b> 10:00 Bingo (WR) 10:30 Zumba with Carmen (TH) 1:00 1st Bus Leaves for Walmart (SU) 1:30 Bridge (Library) 1:45 2nd Bus to Walmart (SU) 2:00 "My Life Story" Creative Writing Class (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	9:30 FF Strong for Life Exercise (TH) <b>21</b> 10:00 Bible Study with Miss Joanna (Library) 10:00 Catholic Rosary (TH) 10:00 Chickenfoot Dominoes (WR) 10:30 Catholic Communion (TH) 12:00 Monthly Birthday Lunch (TR) 1:30 Washers (TH) 3:00 Wii Bowling (TH) 3:00 New Resident Welcoming Committee Meeting (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)	9:00 Randall's/HEB (SU) <b>22</b> 9:30 Cradle of Mythology Art with Jan (Pool Room) 10:00 Bingo at the Church (SU) 10:00 Zumba with Carmen (TH) 1:30 Mind Aerobics - Learn the GREEK Alphabet (TH) 2:30 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:00 Out on the Town Club (SU)	9:00 Blood Pressure Checks (WR) <b>23</b> 10:00 FF Strong for Life Exercise (TH) 10:30 Washers (TH) 10:45 Self-Care for Chronic Pain (TH) 11:30 Greek Cuisine Lunch (DR) 12:45 Greek Cuisine Lunch (DR) 1:45 Baptist Church with Jerry Cronan (TH) 3:00 Songs with Cindy St. Cyr. (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	8:30 Bus Trip to Denny's & The Dollar Tree (SU) <b>24</b> 9:30 FF Light 'n Lively Exercise (TH) 10:15 Absentee Voting Ballot Registration (TH) 2:30 Bingo (WR) 3:15 Music by Pam Bingham & Her Rock Band (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)	10:00 FF Light 'n Lively Exercise (TH) <b>25</b> 1:45 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)
8:30 Bus to Baptist Church (Lob) <b>26</b> 10:00 Bus to Presbyterian Church (Lob) 2:00 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Greek Movie Night - "St. Paul in Greece" (TH)	9:15 Blood Pressure Checks (TH) <b>27</b> 10:00 Bingo (WR) 10:30 Zumba with Carmen (TH) 1:00 1st Bus Leaves for Walmart (SU) 1:30 Bridge (Library) 1:45 2nd Bus to Walmart (SU) 2:00 "My Life Story" Creative Writing Class (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)	9:30 FF Strong for Life Exercise (TH) <b>28</b> 10:00 Bible Study with Miss Joanna (Library) 10:00 Catholic Rosary (TH) 10:00 Chickenfoot Dominoes (WR) 10:30 Catholic Communion (TH) 1:30 Washers (TH) 3:00 Wii Bowling (TH) 3:00 Leadership Forum (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:15 Movie Club Night (TH)	9:00 Randall's/Target Shopping (SU) <b>29</b> 9:30 Cradle of Mythology Art with Jan (Pool Room) 10:00 Bingo at the Church (SU) 10:00 Zumba with Carmen (TH) 1:30 Mind Aerobics (TH) 2:30 Bingo (WR) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR) 5:00 Out on the Town Club (SU)	9:00 Blood Pressure Checks (WR) <b>30</b> 10:00 FF Strong for Life Exercise (TH) 1:00 Fun, Fitness & Health Fair 1:45 Baptist Church with Jerry Cronan (TH) 3:30 "Before Social" Daily Chronicles (TR) 4:00 Social Hour (TR)		