

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY BR - Billiard Room CA - Creative Arts Room DR - Dining Room	DBR - Downstairs Bridge Room FR - Fitness Room PL - Pool TH - Town Hall UL - Upstairs Lounge		9:00 FF! Water Aerobics (PL) 1 9:30 Fit for Life (Strength and Balance Class) (TH) 10:30 Shop: Hobby Lobby/Big Lots 11:00 Mind Aerobics (BR) 1:30 Western Grocery/CVS 3:00 FF! Tai Chi (TH) 3:00 Welcome Ambassadors Meeting (CA) 6:30 Bingo (CA)	9:00 Town Village News (Chan 19) 2 9:30 FF! Chair Exercise (TH) 10:15 Quiddler (CA) 11:00 Bible Study (TH) 3:30 Happy Hour w/Les Filmer (UL) 6:00 Rummikub w/ J & L (BR) 6:30 Poker (CA) 6:30 Rook (BR)	9:00 FF! Water Aerobics (PL) 3 10:30 Red Hats to Dodi Yos (Greek) 1:30 Shop: WalMart 6:30 Bingo (CA) 7:30 Open Bridge (DBR)	11:00 Fit For Life (Strength and Balance Class) (TH) 4 2:00 In Room Movie-Channel 19 6:30 Bridge Group (DBR)
8:45 L'side Bapt Pick Up 9:15 Worship w/Rev.Pat (TH) 5 10:15 Mtn Chpl Meth Pick Up 2:00 In Room Movie-Channel 19 3:00 Wii Bowling (TH) 4:00 Rummikub w/J & L (BR) 5:30 Basic Bridge w/Roy (DBR)	Labor Day 6 11:00 - 2:00 pm Labor Day BBQ (No Dinner Meal) 2:30 Wii Bowling (TH) 5:30 Scrabble (BR) 6:30 Bingo (CA)	9:30 FF! Chair Exercise (TH) 7 11:00 Bible Study w/ Rev. Tom (TH) 1:00 Greek Trivia (CA) 1:30 Bridge Group 1 (DBR) 2:00 Bible Study w/Barry (TH) 3:30 Classical Piano w/Barry (UL) 6:00 Dominoes (CA) 6:30 Open Bridge (DBR)	9:00 FF! Water Aerobics (PL) 8 9:30 Fit for Life (Strength and Balance Class) (TH) 11:00 Mind Aerobics (BR) 1:30 Western Grocery/CVS 2:00 Movie: My Big Fat Greek Wedding 3:00 FF! Tai Chi (TH) 3:00 Nook Comm Meeting (CA) 6:30 Bingo (CA)	Rosh Hashanah 9 9:00 Town Village News (Chan 19) 9:30 FF! Chair Exercise (TH) 10:15 Quiddler (CA) 11:00 Bible Study (TH) 11:00 Make Greek Pizzas (CA) 2:00 Faces and Facts Meeting (CA) 3:30 Happy Hour w/Wayne Alexander (UL) 6:00 Rummikub w/ J & L (BR) 6:30 Poker (CA) 6:30 Rook (BR)	9:00 FF! Water Aerobics (PL) 10 10:00 "Bargainomics" Seminar (TH) 1:30 Dollar Tree (Highway 31 near Burlington) 6:30 Bingo (CA) 7:30 Open Bridge (DBR)	11:00 Fit For Life (Strength and Balance Class) (TH) 11 2:00 In Room Movie-Channel 19 ("My Life In Ruins") 6:00 Scrabble (CA) 6:30 Bridge Group (DBR)
8:45 L'side Bapt Pick Up 9:15 Worship w/Rev.Pat (TH) 12 10:15 Mtn Chpl Meth Pick Up 2:00 In Room Movie-Channel 19 2:00 Blue Grass Jam (TH) 3:00 Wii Bowling (TH) 4:00 Rummikub w/J & L (BR) 5:30 Basic Bridge w/Roy (DBR)	8:30 FF! Walk Group 9:00 FF! Water Aerobics (PL) 13 9:00 Fitness Room Orientation (FR) 9:45 Library, Bank & Post Office 11:00 Publix & Walgreens 1:00 Current Events w/Judith (TH) 3:00 FF!Water Aerobics (PL) 4:00 "Race For the Cure" Kick-Off Party (TH) 5:30 Birthday Concert w/Greg (UL) 6:30 Bingo (CA)	9:30 FF! Chair Exercise (TH) 14 11:00 Bible Study w/ Rev. Tom (TH) 12:00 New Resident Luncheon (DR) 1:30 Bridge Group 1 (DBR) 3:30 Livewell! Health Seminar by Amedisys Home Care (TH) 6:00 Dominoes (CA) 6:30 Open Bridge (DBR)	9:00 FF! Water Aerobics (PL) 15 9:30 Fit for Life (Strength and Balance Class) (TH) 9:30 Tour and Lunch: B'ham Museum of Art 11:00 Mind Aerobics (BR) 1:30 Western Grocery/CVS 3:00 Resident Council (BR) 3:00 FF! Tai Chi (TH) 3:30 Music with Wolfgang 6:30 Bingo (CA)	9:00 Town Village News (Chan 19) 16 9:30 FF! Chair Exercise (TH) 10:15 Quiddler (CA) 11:00 Bible Study (TH) 1:30 Resident Programming Leadership Forum and Planning Meeting (CA) 3:30 "Greek" Happy Hour w/Ray Newman (UL) 6:00 Rummikub w/ J & L (BR) 6:30 Poker (CA) 6:30 Rook (BR) 7:00 Theatre Performance by Town Village Players (TH)	9:00 FF! Water Aerobics (PL) 17 10:00 Depart: Coffee Concert (Alabama Symphony) 1:30 Shop: Brookwood Mall 2:30 Theatre Performance by Town Village Players (TH) 6:30 Bingo (CA) 7:30 Open Bridge (DBR)	11:00 Fit For Life (Strength and Balance Class) (TH) 18 1:00 Afternoon Movie Outing: Your Choice 2:00 In Room Movie-Channel 19 6:30 Bridge Group (DBR)
8:45 L'side Bapt Pick Up 9:15 Worship w/Rev.Pat (TH) 19 10:15 Mtn Chpl Meth Pick Up 1:00 Red Mtn Theatre Presents: Cabaret (Tickets \$30.00) 2:00 In Room Movie-Channel 19 2:30 Theatre Performance by Town Village Players (TH) 3:00 Wii Bowling (TH) 4:00 Rummikub w/J & L (BR) 5:30 Basic Bridge w/Roy (DBR)	8:30 FF! Walk Group 9:00 FF! Water Aerobics (PL) 20 9:45 Library, Bank & Post Office 11:00 Publix & Walgreens 1:30 Visit: Yogurt Mountain (Build your own treat!) 3:00 FF!Water Aerobics (PL) 3:30 Greek Traditions w/Roy (CA) 4:00 NuStep Cross Trainer Instructional Video (Channel 19) 6:30 Bingo (CA)	Fun and Fitness Fair 1-4 21 9:30 FF! Chair Exercise (TH) 11:00 Bible Study w/ Rev. Tom (TH) 1:30 Bridge Group 1 (DBR) 6:00 Dominoes (CA) 6:30 Open Bridge (DBR)	9:00 FF! Water Aerobics (PL) 22 9:30 Fit for Life (Strength and Balance Class) (TH) 11:00 Mind Aerobics (BR) 1:30 Western Grocery/CVS 2:00 Bible Study w/Barry (TH) 3:00 FF! Tai Chi (TH) 3:00 Food Committee (DR) 3:30 Classical Piano w/Barry (UL) 6:30 Bingo (CA)	9:00 Town Village News (Chan 19) 23 9:30 FF! Chair Exercise (TH) 10:15 Quiddler (CA) 11:00 Bible Study (TH) 1:30 Craft: Paint Bird Houses (CA) 3:30 Happy Hour w/Everett Cofer 6:00 Rummikub w/ J & L (BR) 6:30 Poker (CA) 6:30 Rook (BR)	9:00 FF! Water Aerobics (PL) 24 10:00 Devotion w/ Rev. Underwood from RUMC (TH) 1:00 Fishing at Beeswax Park 6:30 Bingo (CA) 7:30 Open Bridge (DBR)	11:00 Fit For Life (Strength and Balance Class) (TH) 25 11:00 Out to Lunch: Nabels Restaurant (Greek) 2:00 In Room Movie-Channel 19 6:00 Scrabble (CA) 6:30 Bridge Group (DBR)
8:45 L'side Bapt Pick Up 9:15 Worship w/Rev.Pat (TH) 26 10:15 Mtn Chpl Meth Pick Up 2:00 Musical Performance:Shade Mtn Air (TH) 2:00 In Room Movie-Channel 19 4:00 Rummikub w/J & L (BR) 5:30 Basic Bridge w/Roy (DBR)	8:30 FF! Walk Group 9:00 FF! Water Aerobics (PL) 27 9:45 Library, Bank & Post Office 11:00 Publix & Walgreens 1:00 Mobility Central (UL) 2:00 New Resident Ice Cream Social (Meet out front) 2:00 Kona Ice Cream Truck (Out front) 3:00 FF!Water Aerobics (PL) 3:30 Relaxation Class (BR) 6:30 Bingo (CA)	9:30 FF! Chair Exercise (TH) 28 11:00 Bible Study w/ Rev. Tom (TH) 1:00 Discuss Greek gods/goddess (CA) 1:30 Bridge Group 1 (DBR) 3:00 Town Hall Meeting (TH) 6:00 Dominoes (CA) 6:30 Open Bridge (DBR)	9:00 FF! Water Aerobics (PL) 29 9:30 Fit for Life (Strength and Balance Class) (TH) 10:30 Smith Variety Store 11:00 Mind Aerobics (BR) 1:00 Fitness Room Orientation (FR) 1:30 Western Grocery/CVS 2:00 New Resident Orientation (BR) 3:00 FF! Tai Chi (TH) 6:30 Bingo (CA)	9:00 Town Village News (Chan 19) 30 9:30 FF! Chair Exercise (TH) 10:15 Quiddler (CA) 11:00 Bible Study (TH) 4:00 -7:00 "Rat Pack" Party (DR) 6:00 Rummikub w/ J & L (BR) 6:30 Poker (CA) 6:30 Rook (BR)	Greek Celebration Month Come to programs for fun ways to learn about Greece!	