

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY CR - Card Room DR - Dining Room FR - Front Entrance NR - Nautilus Room PDR - Private Dining Room TH - Theater V - Van			8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Waffle Wednesday (1st FL) 10:30 Chair Yoga (2nd FL) 11:30 Secrets of the Chef, Sign Up (1st FL) 1:30 Needlework for the Needy (CR) 2:00 Current Events (Apt. 637) 7:30 Albert Galli, Clarinet, Sax & Vocal (2nd FL)	8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Mending w/Teri Pick Ups (2nd FL) 10:00 Strong For Life (4th FL) 10:15 Merry Meridian Choir (2nd FL) 1:00 New Resident Orientation, All New Residents Are Invited (TH) 2:00 Water Color Lab (3rd FL) 2:00 Rat Pack Party (1st FL) 2:15 Mind Aerobics (CR) 3:00 It's Thursday (1st FL) 4:00 Happy Hour (4th FL) 5:00 Chef's Table, Sign Up (PDR)	8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:15 Eggs Benedict Bar (2nd FL) 9:30 Welcome New Resident Coffee & Fitness Bucks Drawing (2nd FL) 10:00 Coffee Hour (4th FL) 10:15 Voter Registration, Bring Senior ID (CR) 1:30 Arts & Crafts (Craft Room) 2:00 Wii Bowling (4th FL) 3:00 Wii Bowling (4th FL) 4:00 Happy Hour (1st FL) 7:00 Shooting Pool with Mike (5th FL Billards Rm) 7:30 Stuart Simon, Piano (2nd FL)	8:30 Sunflower Market (V) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 9:45 Card Making (Craft Room) 10:00 Strong For Life (4th FL) 10:00 Local Shopping (V) 11:30 Mountain Man Nuts & Fruit (1st FL) 1:00 Bridge (CR) 4:00 Wine & Cheese Party (2nd FL) 7:00 Rummikub (CR) 7:00 Movie "My Big Fat Greek Wedding" (TH)
8:20 Local Churches (V) 8:30 Coffee Club (Sidewalk Cafe) 11:00 Brunch, Sign Up (DR) 1:30 Scenic Ride, Sign Up (V) 4:00 Vespers (2nd FL) 7:00 Movie "Les Miserables" (TH) 7:00 Scrabble (CR)	Labor Day 8:30 Coffee Club (Sidewalk Cafe) 11:00 Labor Day Picnic, Sign Up, Music by Tom Yook on Keyboard (DR) 7:00 Poker Night with Mike (1st FL Lobby)	8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Strong For Life (4th FL) 10:45 Merrichimers (2nd FL) 1:00 Aspen Hearing Center, Sign Up (3rd FL) 1:00 Bridge (CR) 1:30 Mall Shopping, Sign Up (V) 5:15 American Legion Dinner, All Veterans Invited (1st FL)	8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Waffle Wednesday (1st FL) 10:30 Mobile Post Office (FR) 10:30 Chair Yoga (2nd FL) 12:45 Autumn Sizzle Fun & Fitness Fair (2nd FL & 1st FL) 2:00 Current Events (Apt. 637)	8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Mending w/Teri Returns (2nd FL) 10:00 Strong For Life (4th FL) 10:15 Merry Meridian Choir (2nd FL) 11:00 Opportunities Fair, Sign Up with Payment (V) 1:00 Blood Pressure Clinic (CR) 2:00 Water Color Lab (3rd FL) 2:15 Mind Aerobics "It's Greek To Me" (CR) 3:00 It's Thursday (1st FL) 4:00 Champagne Cocktail Hour (1st FL Lobby) 4:00 Happy Hour (4th FL) 5:00 Candlelight & Wine Dinner - Sign Up (DR) 7:30 Jerry Miller, Piano (2nd FL)	8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:15 Eggs Benedict Bar (2nd FL) 9:30 Welcome New Resident Coffee (2nd FL) 10:00 Coffee Hour (4th FL) 10:30 Book Club (CR) 1:30 My Life Story (CR) 1:45 Chair Yoga (2nd FL) 2:00 Wii Bowling (4th FL) 3:00 Wii Bowling (4th FL) 4:00 Happy Hour (1st FL) 7:00 Shooting Pool with Mike (5th FL Billards Rm)	8:30 Sunflower Market (V) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 9:45 Card Making (Craft Room) 10:00 Strong For Life (4th FL) 10:00 Local Shopping (V) 12:15 On The Rocks Bar & Grill at Arrowhead Golf Club (V) 1:00 Bridge (CR) 7:00 Rummikub (CR) 7:00 Movie "Cinderella Man" (TH)
8:20 Local Churches (V) 8:30 Coffee Club (Sidewalk Cafe) 11:00 Brunch, Sign Up (DR) 1:30 Scenic Ride, Sign Up (V) 4:00 Vespers (2nd FL) 7:00 Movie "East of Eden: Special Edition" (TH) 7:00 Scrabble (CR)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Water Color Class For Those Signed Up (3rd FL) 10:00 Women's Bible Study (CR) 10:30 Chair Yoga (2nd FL) 12:00 Mall of Choice & Lunch, Sign Up (V) 1:00 Pastel Class (Craft Room) 2:30 Fitness Center Orientation, Sign Up (NR) 7:00 Poker Night with Mike (1st FL Lobby) 7:30 Luke Rackers, Pianist (2nd FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 9:00 Podiatrist, Sign Up (3rd FL) 9:30 Exercise for Fun (2nd FL) 10:00 Strong For Life (4th FL) 10:45 Merrichimers (2nd FL) 1:00 Bridge (CR) 1:30 Mall Shopping, Sign Up (V) 2:00 Ice Cream Social (2nd FL) 7:30 Forum "Cowboy Ethics", Betty Stubbs (2nd FL)	8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Waffle Wednesday (1st FL) 10:00 Wheel Chair & Walker Clinic "The Rolling Chair" (3rd FL) 10:30 Chair Yoga (2nd FL) 11:30 Secrets of the Chef, Sign Up (1st FL) 1:30 Needlework for the Needy (CR) 2:00 Current Events (Apt. 637) 5:15 Vets Meeting Vets, All Veterans Invited (1st FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Strong For Life (4th FL) 10:15 Merry Meridian Choir (2nd FL) 1:00 Lamont Nathan Leichtman, Piano (2nd FL) 2:00 Water Color Lab (3rd FL) 2:00 Forum Meeting (Apt. 625) 2:15 Mind Aerobics (CR) 3:00 Library Meeting (Library) 3:00 It's Thursday (1st FL) 4:00 Happy Hour (4th FL) 5:00 Chef's Table, Sign Up (PDR) 7:30 Active Minds (2nd FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:15 Eggs Benedict Bar (2nd FL) 9:30 Welcome New Resident Coffee (2nd FL) 10:00 Coffee Hour (4th FL) 1:15 Calendar Committee & Leadership Forum Meeting (CR) 1:30 Arts & Crafts (Craft Room) 2:00 Wii Bowling (4th FL) 2:00 Ambassador Meeting (CR) 3:00 Wii Bowling (4th FL) 4:00 Happy Hour (1st FL) 7:00 Shooting Pool with Mike (5th FL Billards Rm)	8:30 Sunflower Market (V) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 9:45 Card Making (Craft Room) 10:00 Strong For Life (4th FL) 10:00 Local Shopping (V) 11:00 Resident & Employee Appreciation Buffet 11:00 am - 1:30 pm with BW Jazz Band (Legacy Dining Room & Outdoor Dining) 1:00 Bridge (CR) 4:00 Club Meridian (2nd FL) 7:00 Rummikub (CR) 7:00 Movie "Discovering Greece" (TH)
8:20 Local Churches (V) 8:30 Coffee Club (Sidewalk Cafe) 11:00 Brunch, Sign Up (DR) 2:00 Broncos Tail Gate Party (1st FL Lobby) 4:00 Vespers (2nd FL) 7:00 Movie "The 1st Olympics: Athens 1896" (TH) 7:00 Scrabble (CR)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Water Color Class For Those Signed Up (3rd FL) 10:30 Chair Yoga (2nd FL) 1:00 Pastel Class (Craft Room) 7:00 Poker Night with Mike (1st FL Lobby) 7:30 Henry & Reinhardt, Piano & Singing (2nd FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Parkinson's Group (Skyroom) 10:00 Strong For Life (4th FL) 10:45 Merrichimers (2nd FL) 1:00 Bridge (CR) 1:30 Mall Shopping, Sign Up (V) 4:45 Greek Town Cafe Restaurant, Sign Up (V)	8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Waffle Wednesday (1st FL) 10:30 Chair Yoga (2nd FL) 1:30 Needlework for the Needy (CR) 2:00 Current Events (Apt. 637) 2:00 Greek Acropolis Meridian High Tea, Sign Up (1st FL) 7:30 LiveWell! Educational Series Dan Mans "Living With COPD" (2nd FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Strong For Life (4th FL) 10:15 Merry Meridian Choir (2nd FL) 12:00 National Center for Atmospheric Research & Dushanbe Teahouse, Sign Up (V) 1:00 Blood Pressure Clinic (CR) 2:00 Water Color Lab (3rd FL) 2:15 Mind Aerobics (CR) 3:00 It's Thursday (1st FL) 4:00 Happy Hour (4th FL) 7:30 Pat Kenning "Old Forts DC" (2nd FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:15 Eggs Benedict Bar (2nd FL) 9:30 Welcome New Resident Coffee (2nd FL) 10:00 Coffee Hour (4th FL) 1:45 Chair Yoga (2nd FL) 2:00 Wii Bowling (4th FL) 3:00 Wii Bowling (4th FL) 4:00 Happy Hour (1st FL) 4:00 New Resident Social & Welcome Party (1st FL) 7:00 Shooting Pool with Mike (5th FL Billards Rm) 7:30 Merrichimers & Merry Meridian Choir Concert (2nd FL)	8:30 Sunflower Market (V) 8:30 Coffee Club (Sidewalk Cafe) 8:30 Men's Breakfast, Sign Up (DR) 9:30 Exercise for Fun (2nd FL) 9:45 Card Making (Craft Room) 10:00 Strong For Life (4th FL) 10:00 Local Shopping (V) 12:30 Botanic Gardens & Moore Sculptures, Sign Up (V) 1:00 Bridge (CR) 1:15 Self-Care for Chronic Pain Meditation Class (Skyroom) 7:00 Rummikub (CR) 7:00 Movie "Camelot" (TH)
8:20 Local Churches (V) 8:30 Coffee Club (Sidewalk Cafe) 11:00 Brunch, Sign Up (DR) 1:30 Scenic Ride, Sign Up (V) 2:15 Broncos Tail Gate Party (1st FL Lobby) 4:00 Vespers (2nd FL) 7:00 Movie "St. Paul in Greece" (TH) 7:00 Scrabble (CR)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Water Color Class For Those Signed Up (3rd FL) 10:30 Chair Yoga (2nd FL) 7:00 Poker Night with Mike (1st FL Lobby) 7:30 Dick Simon, Magic (2nd FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Strong For Life (4th FL) 10:45 Merrichimers (2nd FL) 1:00 Bridge (CR) 1:30 Mall Shopping, Sign Up (V) 5:00 Birthday Dinner, Sign Up (Legacy Dining Room) 7:30 Armchair African Safari Video (2nd FL)	8:30 Coffee Club (Sidewalk Cafe) 8:30 Walk in the Park (V) 9:00 Waffle Wednesday (1st FL) 10:30 Chair Yoga (2nd FL) 12:30 Ladies Luncheon "Go Ahead Color Outside The Lines", Carol Curtis (DR) 1:30 Needlework for the Needy (CR) 2:00 Current Events (Apt. 637) 6:00 Alzheimer's Support Group, RSVP to Tyler Nitta (3rd FL)	8:00 Tai Chi (CR) 8:30 Coffee Club (Sidewalk Cafe) 9:30 Exercise for Fun (2nd FL) 10:00 Strong For Life (4th FL) 10:15 Merry Meridian Choir (2nd FL) 2:00 Water Color Lab (3rd FL) 2:15 Mind Aerobics (CR) 3:00 It's Thursday (1st FL) 4:00 Happy Hour (4th FL) 7:30 Billie Helwick "The Buzz About Bees" (2nd FL)		