

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>9:30 ForeverFit: Powerful People 1</p> <p>10:30 Fitness Bucks Redemption and Sept Bucks Handed Out</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Mind Aerobics</p> <p>2:00 Scrabble</p> <p>2:00 Poker</p> <p>2:00 Music by: Steven St. James</p> <p>2:00 Rat Pack Spectacular</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 2</p> <p>9:15 ForeverFit: Tai chi</p> <p>10:00 New Resident Orientation - All New Residents</p> <p>10:00 Grocery Shopping</p> <p>10:30 Grocery Shopping</p> <p>1:00 Picnic Out - Liar Bear Lake</p> <p>1:30 Blood Pressure Clinic</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Card Games</p> <p>6:30 ForeverFit: Twilight Bowling - Wii</p>	<p>9:30 ForeverFit: Powerful People 3</p> <p>10:00 Bingo at the Elks</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Bridge</p> <p>1:30 ForeverFit: Balance & Body Basic</p> <p>2:30 ForeverFit: Balance & Body Works (Courtyard Dining)</p> <p>2:30 Scrabble</p> <p>4:30 Cocktail Social</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 4</p> <p>9:30 ForeverFit: Strong For Life</p> <p>10:00 Knitters & Crocheters Group and Button Rescue</p> <p>10:00 Appointments</p> <p>11:00 Men's 9-Ball</p> <p>2:00 Movie</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Bingo</p>
<p>8:15 Church 5</p> <p>11:30 Brunch - RSVP</p> <p>2:00 Movie (Courtyard Dinning)</p> <p>2:05 Rockies Game</p> <p>5:00 Soup & Salad</p> <p>6:00 Movie</p>	<p>11:30 ForeverFit: Body Works 6</p> <p>12:00 Labor Day Picnic - Mtn View Dining</p> <p>1:00 Bridge</p> <p>2:30 ForeverFit: Matinee Bowling-Wii</p> <p>4:00 Melodious Meridian</p> <p>6:30 Card Games</p>	<p>8:00 Breakfast Buffet-RSVP 7</p> <p>9:00 ForeverFit: Balance & Body Basics</p> <p>9:30 Banks</p> <p>10:00 ForeverFit: Balance and Body Basics (Courtyard Dining)</p> <p>10:00 Mall Shopping/SW Plaza</p> <p>1:00 Art Class</p> <p>2:45 Bingo(Courtyard Dining)</p> <p>6:30 Card Games</p>	<p>9:30 ForeverFit: Powerful People 8</p> <p>11:15 Welcome New Resident Social with Hal Gloystein</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Mind Aerobics</p> <p>2:00 Scrabble</p> <p>2:00 Poker</p> <p>2:30 Leadership Advisory Council</p> <p>5:00 Candlelight & Wine Dinner RSVP</p> <p>5:00 Don Buckman</p> <p>6:30 Card Games</p> <p>6:45 Book Discussion Group</p>	<p>8:30 Amblers & Ramblers 9</p> <p>9:15 ForeverFit: Tai chi</p> <p>10:00 Grocery Shopping</p> <p>10:30 Grocery Shopping</p> <p>1:00 Library Club - Book Buy</p> <p>1:45 Bookmobile</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Card Games</p> <p>6:30 ForeverFit: Twilight Bowling - Wii</p>	<p>9:30 ForeverFit: Powerful People 10</p> <p>10:00 Bingo at the Elks</p> <p>11:00 Seamstress: RSVP</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Bridge</p> <p>2:30 Scrabble</p> <p>4:30 Cocktail Social</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 11</p> <p>9:30 ForeverFit: Strong For Life</p> <p>10:00 Knitters & Crocheters Group and Button Rescue</p> <p>10:00 Appointments</p> <p>11:00 Men's 9-Ball</p> <p>1:30 Sunflower Market</p> <p>2:00 Movie</p> <p>2:00 Poker</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Bingo</p>
<p>8:15 Church 12</p> <p>11:00 Broncos Game</p> <p>11:30 Champagne Brunch - RSVP</p> <p>1:00 Scenic Drive w/Phyllis</p> <p>1:10 Rockies Game</p> <p>2:00 Movie (Courtyard Dinning)</p> <p>5:00 Soup & Salad</p> <p>6:00 Movie</p>	<p>9:30 Avon Consultation 13</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Bridge</p> <p>1:00 Leadership Forum (Calendar Planning)</p> <p>1:30 ForeverFit: Balance & Body Basics</p> <p>2:30 ForeverFit: Balance & Body Basics (Courtyard Dining)</p> <p>2:30 ForeverFit: Matinee Bowling-Wii</p> <p>4:00 Melodious Meridian</p> <p>6:30 Card Games</p> <p>7:00 Active Minds: Global Nuclear Proliferation</p>	<p>9:00 ForeverFit: Balance & Body Basics 14</p> <p>9:30 St. Luke's Lutheran Bible Study</p> <p>9:30 Casino Trip</p> <p>10:00 ForeverFit: Balance and Body Basics (Courtyard Dining)</p> <p>10:30 Catholic Communion Service</p> <p>2:45 Bingo(Courtyard Dining)</p> <p>6:30 Card Games</p>	<p>9:30 ForeverFit: Powerful People 15</p> <p>10:00 Head, Hands & Foot Massage</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Mind Aerobics</p> <p>2:00 Scrabble</p> <p>2:00 Poker</p> <p>3:00 Reading with Marian & Dixie</p> <p>4:00 Cocktail Social w/Greek Ouzo</p> <p>6:30 Veterans Benefit Seminar</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 16</p> <p>9:15 ForeverFit: Tai chi</p> <p>10:00 Grocery Shopping</p> <p>10:30 Grocery Shopping</p> <p>12:45 Westland Meridian Red Hat Ladies (Private Dining)</p> <p>1:30 Blood Pressure Clinic</p> <p>1:30 Movie: "Gone with the Wind"</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Card Games</p> <p>6:30 ForeverFit: Twilight Bowling - Wii</p>	<p>9:30 ForeverFit: Powerful People 17</p> <p>10:00 Bingo at the Elks</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Bridge</p> <p>2:30 Scrabble</p> <p>4:30 Cocktail Social</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 18</p> <p>9:30 ForeverFit: Strong For Life</p> <p>10:00 Knitters & Crocheters Group and Button Rescue</p> <p>10:00 Appointments</p> <p>11:00 Men's 9-Ball</p> <p>2:00 Movie</p> <p>2:00 Poker</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Bingo</p>
<p>8:15 Church 19</p> <p>11:30 Brunch - RSVP</p> <p>2:00 Movie (Courtyard Dinning)</p> <p>2:05 Broncos Game</p> <p>5:00 Soup & Salad</p> <p>6:00 Movie</p>	<p>11:30 ForeverFit: Body Works 20</p> <p>1:00 Bridge</p> <p>1:30 ForeverFit: Balance & Body Basics</p> <p>2:30 ForeverFit: Balance & Body Basics (Courtyard Dining)</p> <p>2:30 ForeverFit: Matinee Bowling-Wii</p> <p>4:00 Melodious Meridian</p> <p>6:30 Card Games</p>	<p>9:00 ForeverFit: Balance & Body Basics 21</p> <p>9:30 Lunch and Train Ride - Georgetown Loop</p> <p>10:00 ForeverFit: Balance and Body Basics (Courtyard Dining)</p> <p>12:00 Low Vision Group Lunch</p> <p>1:00 Art Class</p> <p>1:30 Affordable Hearing</p> <p>2:45 Bingo(Courtyard Dining)</p> <p>6:30 Card Games</p>	<p>9:00 Podiatrist 22</p> <p>9:30 ForeverFit: Powerful People</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Mind Aerobics</p> <p>2:00 Scrabble</p> <p>2:00 Poker</p> <p>3:00 LiveWell Educational Series</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 23</p> <p>9:15 ForeverFit: Tai chi</p> <p>10:00 Grocery Shopping</p> <p>10:30 Grocery Shopping</p> <p>1:45 Bookmobile</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>5:15 Out to Dinner - Ted's Montana Grill</p> <p>6:30 Card Games</p> <p>6:30 ForeverFit: Twilight Bowling - Wii</p>	<p>9:30 ForeverFit: Powerful People 24</p> <p>10:00 Bingo at the Elks</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Bridge</p> <p>2:30 Scrabble</p> <p>4:30 Cocktail Social</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 25</p> <p>9:30 ForeverFit: Strong For Life</p> <p>10:00 Knitters & Crocheters Group and Button Rescue</p> <p>10:00 Appointments</p> <p>11:00 Low Vision Group out to Lunch</p> <p>11:00 Men's 9-Ball</p> <p>1:00 Chronic Pain Meditation Class</p> <p>2:00 Event Sign-Up for October</p> <p>2:00 Movie</p> <p>2:00 Poker</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Bingo</p>
<p>8:15 Church 26</p> <p>11:30 Brunch - RSVP</p> <p>12:15 Rockies Game</p> <p>2:00 Movie (Courtyard Dinning)</p> <p>2:15 Broncos Game</p> <p>5:00 Soup & Salad</p> <p>6:00 Movie</p>	<p>11:30 ForeverFit: Body Works 27</p> <p>1:00 Bridge</p> <p>1:30 ForeverFit: Balance & Body Basics</p> <p>2:30 ForeverFit: Balance & Body Basics (Courtyard Dining)</p> <p>2:30 ForeverFit: Matinee Bowling-Wii</p> <p>4:00 Melodious Meridian</p> <p>6:30 Card Games</p> <p>7:00 Active Minds: Women of Denver History</p>	<p>9:00 ForeverFit: Balance & Body Basics 28</p> <p>9:30 Banks</p> <p>10:00 ForeverFit: Balance and Body Basics (Courtyard Dining)</p> <p>1:00 Greek Orthodox History Lesson - Tour the Greek Orthodox Cathedral of Denver</p> <p>2:45 Bingo(Courtyard Dining)</p> <p>6:30 Card Games</p>	<p>9:30 ForeverFit: Powerful People 29</p> <p>11:30 ForeverFit: Body Works</p> <p>1:00 Mind Aerobics</p> <p>2:00 Scrabble</p> <p>2:00 Poker</p> <p>3:00 My Life Story</p> <p>5:00 Stuart Simon, Piano</p> <p>5:00 Birthday Dinner - RSVP</p> <p>6:30 Card Games</p>	<p>8:30 Amblers & Ramblers 30</p> <p>9:15 ForeverFit: Tai chi</p> <p>10:00 Grocery Shopping</p> <p>10:30 Grocery Shopping</p> <p>12:45 Out to Lunch "PF Changs"</p> <p>2:45 Bingo (Courtyard Dining)</p> <p>6:30 Card Games</p> <p>6:30 ForeverFit: Twilight Bowling - Wii</p>	<p>LiveWell! Forever Fit:</p> <ul style="list-style-type: none"> * Active Body Basics - Health & Fitness Room * Tai Chi - Health & Fitness Room * Amblers & Ramblers Walking Club - Meet in Lobby * Powerful People - Health & Fitness Room/ Creative Corner * Fitness Bucks 	<p>RSVP at Reception Desk for all Special Dining Events</p>