

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY G - Game room LIB - Library Lob - Lobby L - Lounge	P - Pool PDR - Private Dining Room T - Theater Room					
9:00 Religious Service Transportation 5 10:00 Duck Feeding and Stroll 10:30 Christian Science Service (G) 1:00 Sunday Social (L) 1:30 Performance by Flute Fantasies (L) 3:00 Travel Club (Theatre) 7:00 Bingo (L)	Labor Day 9:30 FF Chair Exercise I (L) 6 10:00 Bingo (L) 11:00 FF chair Exercise II (L) 12:00 Labor Day BBQ Party 7:00 Entertainers: Frani and Bobby with Music for the Young at Heart	9:30 FF Chair Exercise I (L) 10:00 Mind Aerobics (L) 7 10:30 Lecture: Cheap Cruise Destinations for the Fall (L) 10:30 Guided Meditation (th) 11:00 ForeverFit Aqua Exercise (P) 11:15 Lunch Outing and Sidewalk shopping: Tabu in Palm Beach 1:00 Simple Chorus Line Dance Steps with Pearl (L) 2:00 Dvd Learning Series:Greek Wonders 5000 yrs (Theater) 2:30 "Strong for Life" Exercise with Pete (L) 3:00 Blackjack (G) 3:30 Piano Music with Hilda (Lob) 6:00 Happy Hour and Dancing (L)	9:30 FF Chair Exercise I (L) 1 10:00 Max Green Music and Dancing (L) 11:00 Wii Bowling Tournament (Theater) 11:00 FF chair Exercise II (L) 11:00 Catholic Mass (G) 7:00 Bingo (L)	9:30 FF Chair Exercise I (L) 2 10:00 Bingo (L) 11:00 ForeverFit Aqua Exercise (P) 1:30 Beading with Fran (studio) 2:00 Computer for Beginners (LIB) 2:40 Herb and Butterfly Garden 4:15 Birthday Dinner and Celebration	9:30 FF Chair Exercise I (L) 3 10:00 Guided Meditation (th) 11:00 Chi Gong Exercise (L) 1:00 Lecture: "Bright" Health Education. Prescription Drug Interaction (L) 3:00 Palm Beach Players Perform (L) 3:00 Blackjack (G) 4:00 Shabbat Service (G) 6:00 Happy Hour and Dancing (L)	9:30 FF Chair Exercise I (L) 4 10:00 Shopping Trips 10:00 Garden Club Flower arranging (L) 1:00 Men's Poker (G) 1:00 Workshop: Power of Intension with Ruth DVD and book review (Theatre) 2:00 Bingo (L) 3:00 Bible Study with Melissa (Theatre) 3:00 Team Trivia (L) 7:00 Entertainer:Jeff Saks
Grandparents Day 12 9:00 Religious Service Transportation 10:00 Duck Feeding and Stroll 10:30 Christian Science Service (G) 1:00 Sunday Social (L) 1:30 Cloud Nine Harpist (L) 2:00 Grandparents Day Family Photos and games for the kids! 3:00 Travel Club (Theatre) 7:00 Bingo (L)	9:30 FF Chair Exercise I (L) 10:00 Bingo (L) 13 11:00 FF chair Exercise II (L) 1:00 DVD Learning Series: Greeks Crucible of a Civilization (Theater) 1:00 Tea Party (L) 2:30 Current Events (L) 3:00 Lecture: FAU Life Long Learning Center fall classes (L) 3:15 Word Games (L) 7:00 Entertainer: Kenny B	9:30 FF Chair Exercise I (L) 10:00 Mind Aerobics (L) 14 10:30 Guided Meditation to Yanni (th) 11:00 ForeverFit Aqua Exercise (P) 12:00 Food Committee Meeting (PDR) 12:00 Movie Outing TBA 1:00 Simple Chorus Line Dance Steps with Pearl (L) 1:30 FL Outreach for the Blind demonstrations 2:30 "Strong for Life" Exercise with Pete (L) 3:00 Blackjack (G) 3:30 Piano Music with Hilda (Lob) 6:00 Happy Hour and Dancing (L)	9:30 FF Chair Exercise I (L) 15 10:00 Max Green Music and Dancing (L) 10:00 Protestant Services (T) 10:30 Exercise Room Orientation (Exercise Room) 11:00 FF chair Exercise II (L) 1:00 Pearl Shier's Dance Troop Videos (Theatre) 2:00 "My Life Story" Reminiscence Group (Theater) 2:30 Wii Golf/Tennis (Theater) 7:00 Bingo (L)	9:30 FF Chair Exercise I (L) 16 10:00 Bingo (L) 11:00 ForeverFit Aqua Exercise (P) 11:30 Lunch Outing with Susan: Cheesecake Factory 12:30 Book Review with Ronelle (L) 1:30 Beading with Fran (studio) 2:00 Computer for Beginners (LIB) 2:40 Herb and Butterfly Garden 7:00 Wheel of Fortune Game Night (L)	9:30 FF Chair Exercise I (L) 17 10:00 Guided Meditation (th) 11:00 Chi Gong Exercise (L) 1:00 Lecture: Diabetic Support Program (L) 2:00 special Yom Kippur Service (Theatre) 3:00 Blackjack (G) 6:00 Happy Hour and Dancing (L)	Yom Kippur 18 9:30 FF Chair Exercise I (L) 10:00 Garden Club (L) 10:00 Shopping Trips 1:00 Men's Poker (G) 1:00 Workshop: Power of Intension with Ruth DVD and book review (Theatre) 2:00 Bingo (L) 3:00 Bible Study with Melissa (Theatre) 3:00 Team Trivia (L) 7:00 Entertainer: Barbara Hogan
9:00 Religious Service Transportation 19 10:00 Duck Feeding and Stroll 10:30 Christian Science Service (G) 1:00 Sunday Social (L) 1:30 Entertainer: Randy Vaughn "Gospel and Folk Classics" 3:00 Travel Club: Greece (Theatre) 7:00 Bingo (L)	9:30 FF Chair Exercise I (L) 20 10:00 Bingo (L) 11:00 FF chair Exercise II (L) 1:00 DVD Learning Series: Greek God and Goddesses (Theater) 2:30 Current Events (L) 3:15 Word Games (L) 7:00 Entertainer: Phil Stevens	9:30 FF Chair Exercise I (L) 10:00 Mind Aerobics (L) 21 10:30 Guided Meditation (th) 11:00 ForeverFit Aqua Exercise (P) 12:00 Resident Council Meeting (PDR) 1:00 Simple Chorus Line Dance Steps with Pearl (L) 2:00 Livewell! Leadership Forum (L) 2:30 "Strong for Life" Exercise with Pete (L) 3:00 Blackjack (G) 3:30 Piano Music with Hilda (Lob) 4:00 Presbyterian Church Service (T) 4:30 Dinner Outing: Taverna Opa 6:00 Happy Hour and Dancing (L)	9:30 FF Chair Exercise I (L) 22 10:00 Max Green Music and Dancing (L) 11:00 FF chair Exercise II (L) 12:00 Ambassador Luncheon (PDR) 1:00 Lecture: 5 Wishes by Visas (L) 2:00 Make a Greek Laurel (Headpiece) (L) 3:30 Wine Tasting sponsored by PRP International (PDR) 7:00 Bingo (L)	Greek Theme Party 23 9:30 FF Chair Exercise I (L) 10:00 Bingo (L) 11:00 ForeverFit Aqua Exercise (P) 2:00 Computer for Beginners (LIB) 2:00 Interactive Art Class with Barry (L) 2:40 Herb and Butterfly Garden 4:30 Toga Party! 7:00 International Performer: Eduardo Macadar	9:30 FF Chair Exercise I (L) 24 10:00 Dance Steps to Greek Music (Lob) 10:00 Guided Meditation (th) 11:00 Chi Gong Exercise (L) 11:30 Book Club with Lauren (L) 12:00 Wii awards party (Theatre) 1:00 Book Review: "Fortunes Odyssey" by the Author Howard H Howard 2:00 Self Care for Chronic Pain 2:00 Reiki (T) 3:00 Blackjack (G) 4:00 Shabbat Service (G) 6:00 Happy Hour and Dancing (L)	9:30 FF Chair Exercise I (L) 25 10:00 Bridge Lessons (G) 10:00 Shopping Trips 1:00 Men's Poker (G) 1:00 Workshop: Power of Intension with Ruth DVD and book review (Theatre) 2:00 Bingo (L) 3:00 Bible Study with Melissa (Theatre) 3:00 Team Trivia (L) 7:00 Entertainer: Jerry Stapleton
9:00 Religious Service Transportation 26 10:00 Duck Feeding and Stroll 10:30 Christian Science Service (G) 1:00 Sunday Social (L) 2:00 Joy Club (L) 3:00 Travel Club (Theatre) 7:00 Bingo (L)	9:30 FF Chair Exercise I (L) 27 10:00 Bingo (L) 11:00 FF chair Exercise II (L) 1:00 DVD Learning Series: Blood and Honor of the 1st Olympics (Theater) 2:30 Current Events (L) 3:15 Word Games (L) 7:00 Entertainers: Barry and Maxine	9:30 FF Chair Exercise I (L) 28 10:00 Mind Aerobics (L) 10:30 Guided Meditation (th) 11:00 ForeverFit Aqua Exercise (P) 1:00 Simple Chorus Line Dance Steps with Pearl (L) 1:30 Lecture From st Mary's (L) 2:30 "Strong for Life" Exercise with Pete (L) 3:00 Blackjack (G) 3:30 Piano Music with Hilda (Lob) 6:00 Happy Hour and Dancing (L)	Sukkot 29 9:30 FF Chair Exercise I (L) 10:00 Max Green Music and Dancing (L) 11:00 FF chair Exercise II (L) 1:00 Root Beer Float social with Frank Pesiti (L) 2:00 Sukkot Holiday Service 3:00 Wii Open Bowling (Theater) 7:00 Bingo (L)	9:30 FF Chair Exercise I (L) 30 10:00 Bingo (L) 11:00 ForeverFit Aqua Exercise (P) 1:30 Beading with Fran (studio) 2:00 Computer for Beginners (LIB) 2:30 Foreign Film Club (T) 2:40 Herb and Butterfly Garden 4:30 Dinner outing: Giovani's Italian		