

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>ROOM KEY</b> CR - Community Room CL - Computer Lab Ctyd 4 - Courtyard 4 DR-A - Dining Room A DR-B - Dining Room B GR-B - Game Room B LB-A - Library A LB-B - Library B RPL - Resident Program Lounge SP - Swimming Pool TR - Theater Room *** - Transportation Provided WR - Wellness Room	<b>Terrace Food and Gift Shop located in Bldg 3</b> <b>Hours: Mon-Sat 9:00am-5:00pm</b> <b>Closed Wed. and Sun.</b> <b>Phone: 713-465-7414</b> <b>Dry Cleaning &amp; Free Delivery!</b>	<b>Home Health Resources Vital Signs</b> Monday DR-B: 9:00am-12:00pm Tuesday DR-A: 9:00am-2:45pm Tuesday DR-B: 3:00pm-4:00pm	<b>Doctor's Numbers</b> Dr. Syed Hassnain (Int. Med.): 713-461-4500 Dr. Julia Hope (Int. Med.): 713-242-2222 Dr. Si Ho (Podiatrist): 281-213-9070 (Dr. Ho is here the 2nd Friday of the month at 9:30am)	8:00 TX Med Ctr Shuttle (***) 9:00 Strong for Life Yoga (GR-B) 9:30 Weight Room Orientation (WR) <b>1</b> 10:00 Bisel Hearing Aid (LB-B) 2:15 BINGO! (DR-B) 3:00 Ballroom Dancing (CR) 5:00 Movie (TR)	<b>Interest Surveys Due!</b> <b>2</b> 10:00 Guided Meditation (TR) 10:30 Essay Contest Begins! (RPL) 11:15 ForeverFit Exercise (CR) 1:30 Wii Bowling (TR) 2:00 Cell Phone 101 (RPL) 3:00 Sweet Land of Liberty Party! (DR-A) 5:00 Movie - IMAX Production (TR)	10:00 Terrace Oil Brushes (RPL) <b>3</b> 10:50 ForeverFit Chair Tai Chi (CR) 11:30 ForeverFit Stretchercise (CR) 2:00 Game Day (DR-B) 5:00 Movie (TR)
<b>Independence Day</b> <b>4</b> 10:30 Interdenominational Church Service (CR) 2:00 Game Day (DR-A) 3:00 Sunday Coupon Clippers (RPL) 3:30 The Lonestar Symphonic Band (\$5) (***)	<b>Business Office Closed</b> <b>5</b> 9:30 ForeverFit Water Aerobics (SP) 10:30 ForeverFit Exercise (CR) 1:30 Krogers (Bldgs. 1-4) (***) 2:00 Board Meeting (GR-B) 3:45 BINGO! (DR-A) 4:30 Catholic Rosary (LB-B)	9:00 Strong for Life Yoga (GR-B) 9:00 Dept. of Public Safety (***) <b>6</b> 10:00 LiveWell! Mind Aerobics (RPL) 11:00 Tai Chi with Pat King (CR) 1:30 Krogers (Bldgs. 5-8) (***) 2:00 Caring Friends (GR-B) 2:30 Computer Help (CL) 3:00 Hot Topics (RPL) 4:00 Sing-a-long (CR) 4:00 All American Wii Baseball (TR) 5:00 Movie (TR)	9:00 Needlework (LB-B) <b>7</b> 9:30 ForeverFit Water Aerobics (SP) 9:30 HEB (***) 10:00 Putting Challenge with Kara (Ctyd 4) 10:30 ForeverFit Exercise (CR) 11:00 Table Talk with Byron (TR) 12:00 Lunch with Calvin (Invitation) 2:00 American Sign Language - Back to Basics (RPL) 3:00 Line Dancing (CR) 3:00 Needle Haven (Knitting Room)	8:00 Memorial Clinic Shuttle (***) <b>8</b> 9:00 Strong for Life Yoga (GR-B) 9:30 Weight Room Orientation (WR) 2:15 BINGO! (DR-B) 3:00 Ballroom Dancing (CR) 4:00 Hymn Sing (DR-A) 5:00 Movie (TR)	9:30 Walmart (***) <b>9</b> 10:00 Guided Meditation (TR) 11:00 Low Vision Support Group Trip (\$2) (***) 11:15 ForeverFit Exercise (CR) 1:30 Wii Bowling (TR) 2:00 The Terrace Has Talent Auditions! (CR) 5:00 Movie - IMAX Production (TR)	10:00 Terrace Oil Brushes (RPL) <b>10</b> 10:50 ForeverFit Chair Tai Chi (CR) 11:30 ForeverFit Stretchercise (CR) 2:00 Game Day (DR-B) 5:00 Movie (TR)
10:30 Interdenominational Church Service (CR) <b>11</b> 1:10 Country Playhouse Presents: Hello Dolly! (\$22) (***) 2:00 Game Day (DR-A) 3:00 Sunday Coupon Clippers (RPL)	9:30 Resident Association Meeting (CR) <b>12</b> 9:30 ForeverFit Water Aerobics (SP) 10:30 ForeverFit Exercise (CR) 1:30 Krogers (Bldgs. 1-4) (***) 3:45 BINGO! (DR-A) 4:30 Catholic Rosary (LB-B) 4:45 Leadership Forum Meeting (RPL)	9:00 Strong for Life Yoga (GR-B) <b>13</b> 9:30 Bank Run (***) 10:00 LiveWell! Mind Aerobics (RPL) 11:00 Tai Chi with Pat King (CR) 1:30 Krogers (Bldgs. 5-8) (***) 2:00 Caring Friends (GR-B) 2:30 Computer Help (CL) 3:00 Episcopal Service (LB-A) 3:00 Hot Topics (RPL) 4:00 Sing-a-long (CR) 4:00 All American Wii Baseball (TR) 5:00 Dinner at Saltgrass Steakhouse (***) 5:00 Movie (TR)	9:00 Needlework (LB-B) <b>14</b> 9:30 ForeverFit Water Aerobics (SP) 10:00 Putting Practice (Ctyd 4) 10:30 ForeverFit Exercise (CR) 11:00 Catholic Mass (GR-B) 12:00 Lunch with Calvin (Invitation) 2:00 American Sign Language - Back to Basics (RPL) 3:00 Line Dancing (CR) 3:00 Needle Haven (Knitting Room)	8:00 TX Med Ctr Shuttle (***) <b>15</b> 9:00 Strong for Life Yoga (GR-B) 9:30 Running Away to the Circus! (\$10) (***) 10:30 Tour the Terrace (19th Hole) 1:30 Randall's/Post Office (***) 2:15 BINGO! (DR-B) 3:00 Ballroom Dancing (CR) 3:30 Townhall Meeting (DR-B) 5:00 Movie (TR)	8:00 Men's Breakfast (CR) <b>16</b> 9:30 Half-Price Book Store (***) 10:00 Guided Meditation (TR) 11:15 ForeverFit Exercise (CR) 1:30 Wii Bowling (TR) 1:30 99 Cent Store (***) 2:00 Cell Phone 101 (RPL) 5:00 Movie - IMAX Production (TR)	10:00 Terrace Oil Brushes (RPL) <b>17</b> 10:50 ForeverFit Chair Tai Chi (CR) 11:30 ForeverFit Stretchercise (CR) 2:00 Game Day (DR-B) 5:00 Movie (TR)
10:30 Interdenominational Church Service (CR) <b>18</b> 2:00 Game Day (DR-A) 3:00 Sunday Coupon Clippers (RPL)	9:30 ForeverFit Water Aerobics (SP) <b>19</b> 10:30 ForeverFit Exercise (CR) 1:30 Krogers (Bldgs. 1-4) (***) 2:00 New Resident Orientation (GR-B) 3:45 BINGO! (DR-A) 4:30 Catholic Rosary (LB-B)	9:00 Strong for Life Yoga (GR-B) <b>20</b> 10:00 Mind Aerobics - Better Brain Behaviors! (RPL) 11:00 Tai Chi with Pat King (CR) 1:30 Krogers (Bldgs. 5-8) (***) 2:00 Caring Friends (GR-B) 2:30 Computer Help (CL) 3:00 Hot Topics (RPL) 4:00 Sing-a-long (CR) 4:00 All American Wii Baseball (TR) 5:00 Movie (TR)	9:00 Painted Churches Trip (\$15) (***) <b>21</b> 9:00 Needlework (LB-B) 9:30 ForeverFit Water Aerobics (SP) 10:00 Putting Practice (Ctyd 4) 10:30 ForeverFit Exercise (CR) 12:00 Lunch with Calvin (Invitation) 2:00 American Sign Language - Back to Basics (RPL) 3:00 Line Dancing (CR) 3:00 Needle Haven (Knitting Room)	8:00 Memorial Clinic Shuttle (***) <b>22</b> 9:00 Strong for Life Yoga (GR-B) 9:30 Weight Room Orientation (WR) 10:00 Happy Party (RPL) 2:15 BINGO! (DR-B) 3:00 Ballroom Dancing (CR) 3:30 Bunco! (GR-B) 4:00 Hymn Sing (DR-A) 5:00 Movie (TR)	10:00 American History Challenge! (RPL) <b>23</b> 11:15 ForeverFit Exercise (CR) 1:30 Wii Bowling (TR) 2:00 Cell Phone 101 (RPL) 5:00 Movie - IMAX Production (TR)	10:00 Terrace Oil Brushes (RPL) <b>24</b> 10:50 ForeverFit Chair Tai Chi (CR) 11:30 ForeverFit Stretchercise (CR) 2:00 Game Day (DR-B) 5:00 Movie (TR)
10:30 Interdenominational Church Service (CR) <b>25</b> 2:00 Game Day (DR-A) 3:00 Sunday Coupon Clippers (RPL)	9:30 Welcome Ambassadors Meeting (Volunteers Needed!) (RPL) <b>26</b> 9:30 ForeverFit Water Aerobics (SP) 10:30 ForeverFit Exercise (CR) 1:30 Krogers (Bldgs. 1-4) (***) 2:00 Red Cross Hurricane Preparedness Seminar, Presented by HHR (CR) 3:45 BINGO! (DR-A) 4:30 Catholic Rosary (LB-B)	9:00 Strong for Life Yoga (GR-B) <b>27</b> 9:30 Bank Run (***) 10:00 LiveWell! Mind Aerobics (RPL) 11:00 Tai Chi with Pat King (CR) 1:30 Krogers (Bldgs. 5-8) (***) 2:00 Caring Friends (GR-B) 2:30 Computer Help (CL) 3:00 New Neighbor Social! (DR-B) 3:00 Hot Topics (RPL) 4:00 Sing-a-long (CR) 4:00 All American Wii Baseball (TR) 5:00 Movie (TR) 5:00 Dinner at Red Lobster (***)	9:00 Needlework (LB-B) <b>28</b> 9:30 ForeverFit Water Aerobics (SP) 9:30 HEB (***) 10:00 Putting Challenge with Kara (Ctyd 4) 10:30 ForeverFit Exercise (CR) 12:00 Lunch with Calvin (Invitation) 1:15 MFAH: The Masterworks of Charles M. Russell (\$10) (***) 2:00 American Sign Language - Back to Basics (RPL) 3:00 Line Dancing (CR) 3:00 Needle Haven (Knitting Room)	8:00 TX Med Ctr Shuttle (***) <b>29</b> 9:00 Strong for Life Yoga (GR-B) 9:30 Weight Room Orientation (WR) 10:00 Freedom of Religion (GR-B) 1:30 Randall's/Post Office (***) 2:15 BINGO! (DR-B) 3:00 Ballroom Dancing (CR) 5:00 Movie (TR)	9:30 Super Walmart (***) <b>30</b> 10:00 Guided Meditation (TR) 11:15 ForeverFit Exercise (CR) 1:30 Wii Bowling (TR) 1:30 Hobby Lobby (***) 2:00 Cell Phone 101 (RPL) 3:00 Cancer Awareness Seminar (CR) 5:00 Movie - IMAX Production (TR) 5:30 The Terrace Has Talent Finale! (CR)	10:00 Terrace Oil Brushes (RPL) <b>31</b> 10:50 ForeverFit Chair Tai Chi (CR) 11:30 ForeverFit Stretchercise (CR) 2:00 Game Day (DR-B) 5:00 Movie (TR)