



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><----join us for daily aquatics!</p>		 <p>Clinic Grand Opening, Thursday, July 1, 2-4pm RSVP at desk</p>	<p>9:00 The Bank (Poker Rm) 9:00 Coffee & Conversation (Hosp Area) 1 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 1:30 1st Thursday Prayer Meeting (Cott. #19) 6:30 Bingo (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 2 10:00 Mind Aerobics (GR) 10:00 Catholic Mass (GR) 11:30 *Cott. 25-56 Luncheon (BBDR) 2:30 Social Hour (MR) 3:00 Skip Bo (GR) 6:30 *Bridge-Partners (GR)</p>	<p>2:00 Popcorn & Bingo (MR) 3 2:00 Saturday Afternoon Movie "Ballroom Dancing and Charm School" (GR) 2:00 Afternoon Popcorn Social (Hosp Area) 4:00 Skip Bo (MR) 6:30 Dominoes & 42 (GR)</p>
<p>Independence Day 4 11:00 *Independence Day Brunch (BBDR) 2:00 Bingo (MR) 2:00 Puzzles (GR) 6:00 Table Games (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 5 9:00 Forever Fit: Body Strengthening (GR) 1:00 Library Committee Meeting (Library) 2:00 Wellness Program (HHO) 5:00 Resident's Choice Buffet (BBDR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 Coffee & Conversation (Hosp Area) 6 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 11:30 *Residents Choice Meal (BBDR) 1:00 Fitness Equipment Training (Fitness Rm) 1:00 Meridian Occasional Singers Rehearsal (GR) 2:00 Bingo (MR) 2:00 Ceramics (CR) 4:00 Bible Study w/Ann Patterson of 1st United Methodist Church (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 7 9:00 Forever Fit: Body Strengthening (GR) 2:00 Book Review at CAC (Van Area) 2:00 Bingo (MR) 2:00 Book Review at CAC (Van) 4:00 Bible Study w/Canyon Creek Baptist Church (GR) 5:00 *Ladies Night (BBDR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 The Bank (Poker Rm) 8 9:00 Coffee & Conversation (Hosp Area) 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 *Red Hat Society-Lunch Out at the Cotton Patch (Van) 10:45 Forever Fit: Fit & Flex Sitting (GR) 3:00 *Spirit Run (Van Area) 6:30 *Country & Western Dance Sammons Senior Center (Van) 6:30 Bingo (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 9 10:00 Mind Aerobics (GR) 2:30 Social Hour (MR) 3:00 Skip Bo (GR) 6:30 *Bridge-Partners (GR)</p>	<p>2:00 Popcorn & Bingo (MR) 10 2:00 Saturday Afternoon Movie "Extraordinary Measures" (GR) 2:00 Afternoon Popcorn Social (Hosp Area) 4:00 Skip Bo (MR) 6:30 Dominoes & 42 (GR)</p>
<p>2:00 Bingo (MR) 11 2:00 Puzzle (GR) 6:00 Table Games (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 12 9:00 Forever Fit: Body Strengthening (GR) 2:00 Wellness Program (HHO) 2:30 Forever Fit: Linedancing (GR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 Coffee & Conversation (Hosp Area) 13 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 1:00 Meridian Occasional Singers Rehearsal (GR) 1:15 *Scenic Drive (Van) 2:00 Bingo (MR) 2:00 Ceramics (CR) 4:00 Bible Study w/Ann Patterson of 1st United Methodist Church (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 14 9:00 Forever Fit: Body Strengthening (GR) 2:00 Bingo (MR) 4:00 Bible Study w/Canyon Creek Baptist Church (GR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 The Bank (Poker Rm) 15 9:00 Coffee & Conversation (Hosp Area) 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 2:30 Mary Alice Marshall Sing-a-Long (BBDR) 6:30 Bingo (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 16 10:00 Mind Aerobics (GR) 2:30 Social Hour (MR) 3:00 Skip Bo (GR) 6:30 *Bridge-Partners (GR)</p>	<p>2:00 Popcorn & Bingo (MR) 17 2:00 Saturday Afternoon Movie "Old Dogs" (GR) 2:00 Afternoon Popcorn Social (Hosp Area) 4:00 Skip Bo (MR) 6:30 Dominoes & 42 (GR)</p>
<p>2:00 Bingo (MR) 18 2:00 Puzzle (GR) 4:00 Sunday Vespers (GR) 6:00 Table Games (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 19 9:00 Forever Fit: Body Strengthening (GR) 2:00 Wellness Program (HHO) 2:30 Forever Fit: Linedancing (GR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 Coffee & Conversation (Hosp Area) 20 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 1:00 Meridian Occasional Singers Rehearsal (GR) 1:15 *Scenic Drive (Van) 2:00 Bingo (MR) 2:00 Ceramics (CR) 4:00 Bible Study w/Ann Patterson of 1st United Methodist Church (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 21 9:00 Forever Fit: Body Strengthening (GR) 2:00 Bingo (MR) 4:00 Bible Study w/Canyon Creek Baptist Church (GR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 The Bank (Poker Rm) 22 9:00 Coffee & Conversation (Hosp Area) 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 11:30 *Cott. 1-24 Luncheon (BBDR) 1:00 *Friendly Bridge (Patio Room) 6:30 *Country & Western Dance Sammons Senior Center (Van) 6:30 Bingo (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 23 10:00 Mind Aerobics (GR) 2:30 Social Hour (MR) 3:00 Skip Bo (GR) 6:30 *Bridge-Partners (GR)</p>	<p>2:00 Popcorn & Bingo (MR) 24 2:00 Saturday Afternoon Movie "Places in the Heart" (GR) 2:00 Afternoon Popcorn Social (Hosp Area) 4:00 Skip Bo (MR) 6:30 Dominoes & 42 (GR)</p>
<p>11:30 1st Christian Church Worship (GR) 25 2:00 Bingo (MR) 2:00 Puzzle (GR) 6:00 Table Games (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 26 9:00 Forever Fit: Body Strengthening (GR) 11:30 *Birthday Lunch (BBDR) 2:00 Wellness Program (HHO) 2:30 Forever Fit: Linedancing (GR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 Coffee & Conversation (Hosp Area) 27 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 1:15 *Scenic Drive (Van) 2:00 Bingo (MR) 2:00 Ceramics (CR) 2:30 Food Committee Meeting (PR) 4:00 Bible Study w/Ann Patterson of 1st United Methodist Church (GR) 4:00 *Cooking for One (Cottage 33 kitchen)</p>	<p>8:30 Aquatics (Meridian Pool) 28 9:00 Forever Fit: Body Strengthening (GR) 2:00 Bingo (MR) 4:00 Bible Study w/Canyon Creek Baptist Church (GR) 6:30 Dominoes & 42 (GR)</p>	<p>9:00 The Bank (Poker Rm) 29 9:00 Coffee & Conversation (Hosp Area) 9:30 Forever Fit: Fit & Flex Standing (GR) 10:45 Forever Fit: Fit & Flex Sitting (GR) 1:30 Town Hall Meeting (BBDR) 6:30 Bingo (GR)</p>	<p>8:30 Aquatics (Meridian Pool) 30 10:00 Mind Aerobics (GR) 2:30 Social Hour (MR) 3:00 Skip Bo (GR) 6:30 *Bridge-Partners (GR)</p>	<p>2:00 Popcorn & Bingo (MR) 31 2:00 Saturday Afternoon Movie "Morning Glory" (GR) 2:00 Afternoon Popcorn Social (Hosp Area) 4:00 Skip Bo (MR) 6:30 Dominoes & 42 (GR)</p>