

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY AR - Activities Room CR - Card Room DR - Dining Room LB - Library LR - Living Room P - Pool	TH - Town Hall					
Independence Day 4 10:00 Church Outings*** 11:00 Independence Day Sunday Brunch (DR) 1:30 Wii Bowling (TH) 2:00 Russian Rummy (LB) 5:00 Sunday Movie (TH)	9:00 Forever Fit: Sit&Fit (TH) 5 9:30 Forever Fit: Water Workout (P) 10:00 Errand Runs*** 10:30 Calendar Review with Aimee (AR) 1:00 Bank Run** 1:00 Cell Phone #101 2:30 Tea Time (LR) 3:30 Blackjack (AR)	8:30 Medical Appointment Van-Medical Center*** 6 9:00 Forever Fit: Sit&Fit (TH) 9:30 Paper Folding-Animal Shelter (AR) 10:30 Lunch & Program at Temple Emanuel*** 1:00 Love for Freedom Letter Writing for the American Troops (TH) 2:00 Current Events Trivia-Cafe Area 2:00 Wii Bowling (AR) 3:30 Bingo (AR)	9:00 Forever Fit: Sit&Fit (TH) 7 9:00 Vital Signs Clinic (HHR) 9:00 Medical Appointment Van-Open*** 9:30 FF: Strong for Life Balance Exercises (TH) 10:30 Fitness Center Demo (Fitness Room) 1:00 Resident Canasta (#207) 1:00 Resident Bridge (AR) 4:00 Mix and Mingle (TH)	9:00 Forever Fit: Sit&Fit (TH) 8 9:00 Medical Appointment Van Memorial City Area*** 9:30 Chair Tai Chi (TH) 11:30 Men's Lunch Out at Rudi Lechners 1:00 Create American Folk Art with Art Instructor Jan (\$5 materials fee) (AR) 1:00 Brain Games (AR) 1:30 Mexican train game (AR) 2:00 Wii Bowling (TH) 3:00 Ice Cream Social (LR) 3:00 Ping Pong (AR) 3:30 Celebrating Your Senses Series: #1-Smell (TH)	9:00 Forever Fit: Sit&Fit (TH) 9 9:30 Forever Fit: Water Workout (P) 10:00 Grocery-Randall's*** 11:00 Leadership/Activity Forum Meeting (CR) 1:00 LW: Mind Aerobics: Session #2 (AR) 2:30 Natures Most Amazing Events: BBC Earth- Disk 1-Snacks & Popcorn (TH) 3:30 Blackjack (AR) 7:00 Live at The Metropolitan Opera-Puccini- Manon Lescaut (TH)	9:30 Paper Folding-Animal Shelter (AR) 3 10:00 Bible Study (CR) 10:00 Errand Runs*** 2:30 Wii Bowling (TH) 7:00 Saturday Night Movie (TH)
10:00 Church Outings*** 11 11:00 Sunday Brunch (DR) 1:30 Wii Bowling (TH) 2:00 Hello Dolly at the Country Playhouse Theater \$19 2:00 Russian Rummy (LB) 5:00 Sunday Movie (TH)	9:00 Forever Fit: Sit&Fit (TH) 12 9:30 Forever Fit: Water Workout (P) 10:00 New Resident Orientation (CR) 10:00 Errand Runs*** 1:00 Interest Surveys Due! (AR) 1:00 Duplicate Bridge (AR) 1:00 Learn Email/Basic Computer Skills (LB) 2:00 Beginner Poker (LB) 2:30 Celebrate America Tea Time and Entertainment (LR) 3:30 Blackjack (AR)	8:30 Medical Appointment Van-Medical Center*** 13 9:00 Forever Fit: Sit&Fit (TH) 9:30 Paper Folding-Animal Shelter (AR) 10:30 Freedom of Religion & Religion in America Discussion (TH) 2:00 Current Events Trivia-Cafe Area 2:00 Wii Bowling (AR) 2:00 Free Oral Dental Screening with Dr. Coleman (TH) 3:30 Bingo (AR)	9:00 Forever Fit: Sit&Fit (TH) 14 9:00 Vital Signs Clinic (HHR) 9:00 Medical Appointment Van-Open*** 9:30 FF: Strong for Life Balance Exercises (TH) 12:00 Resident Birthday Lunch (PDR) 1:00 Resident Canasta (#207) 1:00 Resident Bridge (AR) 4:00 Mix and Mingle with Entertainment (TH)	9:00 Forever Fit: Sit&Fit (TH) 15 9:00 Medical Appointment Van Memorial City Area*** 9:30 Chair Tai Chi (TH) 10:00 Art Meeting Group (AR) 11:30 Behind the Battle: Financing the Texas Revolution @ the Heritage Society/Lunch \$15 1:00 Brain Games (AR) 1:30 Mexican train game (AR) 2:00 Wii Bowling (TH) 2:45 Non Dominant Handwriting and Brain Health Practice (AR) 3:00 Ping Pong (AR) 3:30 Celebrating Your Senses Series: #2-Touch (TH)	9:00 Forever Fit: Sit&Fit (TH) 16 9:30 Forever Fit: Water Workout (P) 10:00 Grocery-Kroger's*** 10:00 Onsite Dental Appts. & Cleaning with Dr. Coleman (TH) 12:00 War Stories Presentation*** @YMCA 1:00 LW: Mind Aerobics: Session #3 (AR) 3:30 Blackjack (AR) 3:30 Voices and Choices: Discussion-The Constitution Today (TH) 7:00 Music and Dancing Night with Gail Best (TH)	9:30 Paper Folding-Animal Shelter (AR) 17 10:00 Bible Study (CR) 10:00 Errand Runs*** 2:30 Wii Bowling (TH) 7:00 Saturday Night Movie (TH)
10:00 Church Outings*** 18 11:00 Sunday Brunch (DR) 1:30 Wii Bowling (TH) 2:00 "The Marvelous Wonderettes" Musical at Stages Theater \$18 2:00 Russian Rummy (LB) 5:00 Sunday Movie (TH)	9:00 Forever Fit: Sit&Fit (TH) 19 9:30 Forever Fit: Water Workout (P) 10:00 Errand Runs*** 11:30 Ladies Lunch at Kenny and Ziggy's Deli 1:00 Bank Run*** 2:30 Tea Time (LR) 3:30 Blackjack (AR)	7:00 Resident Appreciation Breakfast 20 8:30 Medical Appointment Van-Medical Center*** 9:00 Forever Fit: Sit&Fit (TH) 9:30 Paper Folding-Animal Shelter (AR) 1:00 Resident Council Meeting (CR) 1:45 Chef's Food Demo "As American As Apple Pie" Mini Pie Making (DR) 2:00 Patriotic Stars Trivia-Cafe Area 2:00 Wii Bowling (TH) 3:30 Bingo (AR) 7:00 Storytelling by Dan Gordon "Coming to America" (TH)	9:00 Forever Fit: Sit&Fit (TH) 21 9:00 Vital Signs Clinic (HHR) 9:00 Medical Appointment Van-Open*** 9:30 FF: Strong for Life Balance Exercises (TH) 10:45 Beth Yeshuran Luncheon & Program 11:30 New Resident Luncheon (DR) 1:00 Resident Canasta (#207) 1:00 Resident Bridge (AR) 4:00 Red, White and Blue Mix and Mingle Party w/ Patriotic Songs and Entertainment (TH)	9:00 Forever Fit: Sit&Fit (TH) 22 9:00 Medical Appointment Van Memorial City Area*** 9:30 Chair Tai Chi (TH) 10:00 Art Instruction with Jan(\$5 materials fee) (AR) 1:00 Brain Games (AR) 1:30 Mexican train game (AR) 2:00 Wii Bowling (TH) 2:00 Health Care Reform Seminar (TH) 3:00 "As American As Apple Pie" Ice Cream and Pie Social (LR) 3:00 Ping Pong (AR) 3:30 Town Hall Meeting (TH)	9:00 Forever Fit: Sit&Fit (TH) 23 9:30 Forever Fit: Water Workout (P) 10:00 Grocery-HEB*** 1:00 LW: Mind Aerobics: Session #4 (AR) 2:30 Natures Most Amazing Events: BBC Earth- Disk 2-Snacks and Popcorn (TH) 3:30 Blackjack (AR) 7:00 Live at the Metropolitan Opera-La Boheme (TH)	9:30 Paper Folding-Animal Shelter (AR) 24 10:00 Bible Study (CR) 10:00 Errand Runs*** 2:30 Wii Bowling (TH) 3:30 Dance Instruction (TH) 7:00 Saturday Night Movie (TH)
10:00 Church Outings*** 25 11:00 Sunday Brunch (DR) 1:30 Wii Bowling (TH) 2:00 Russian Rummy (LB) 2:30 Gilbert & Sullivan's Musical "PATIENCE" at the Cullen Theater \$25 5:00 Sunday Movie (TH)	9:00 Forever Fit: Sit&Fit (TH) 26 9:30 Forever Fit: Water Workout (P) 10:00 Errand Runs*** 1:00 Italian Street Festival and Painting Extravaganza (Main Floor) 1:00 Duplicate Bridge (AR) 1:00 Learn Email/Basic Computer Skills (LB) 1:30 Indoor Golf Putting & Lemonade (TH) 2:00 Beginner Poker (LB) 2:30 Tea Time (LR) 3:30 Blackjack (AR)	8:30 Medical Appointment Van-Medical Center*** 27 9:00 Forever Fit: Sit&Fit (TH) 9:30 Paper Folding-Animal Shelter (AR) 11:00 LW: Relaxation & Meditation for Health (TH) 1:30 Beginner Mexican Train Game (AR) 2:00 Current Events Trivia-Cafe Area 2:00 Wii Bowling (AR) 3:00 Stroke Prevention-F.A.S.T (TH) 3:30 Bingo (AR)	9:00 Forever Fit: Sit&Fit (TH) 28 9:00 Vital Signs Clinic (HHR) 9:00 Medical Appointment Van-Open*** 9:30 FF: Strong for Life Balance Exercises (TH) 1:00 Resident Canasta (#207) 1:00 Resident Bridge (AR) 1:15 Resident Book Club & Story Reading (CR) 4:00 Mix and Mingle (TH)	9:00 Forever Fit: Sit&Fit (TH) 29 9:00 Medical Appointment Van Memorial City Area*** 9:30 Chair Tai Chi (TH) 1:00 Brain Games (AR) 1:30 Mexican train game (AR) 2:00 Wii Bowling (TH) 2:45 Non Dominant Handwriting and Brain Health Practice (AR) 3:00 Ping Pong (AR) 3:30 Celebrating Your Senses Series: #3- Taste & Sound (TH)	9:00 Forever Fit: Sit&Fit (TH) 30 9:30 Forever Fit: Water Workout (P) 10:00 Grocery-Walmart*** 11:00 Rienzi House Tour & Lunch 3:30 Blackjack (AR)	9:30 Paper Folding-Animal Shelter (AR) 31 10:00 Bible Study (CR) 10:00 Errand Runs*** 2:30 Wii Bowling (TH) 7:00 Saturday Night Movie (TH)