


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Celebrating Greece		10:00 ForeverFit Exercise (4th) 1 11:00 Mind Aerobics (BR) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 2:00 Rosh Hashanah Program at Imperial Plaza (O) 2:00 Beauty Salon Grand Opening (New Beauty Salon 2nd floor) 3:30 A Taste of Home (MP) 7:00 Game Night (4th)	9:00 ForeverFit Walking Club (L) 2 11:00 Town Hall Meeting (4th) 1:00 Bake Sale to benefit Alzheimer's Memory Walk (B) 2:00 Movie "The Notebook" (MT)	9:00 Chicken Soup for the Soul (B) 3 10:00 ForeverFit Exercise (4th) 1:30 ForeverFit Tai Chi (4th) 2:00 Wii Games (4th) 2:00 Now Showing (MT) 3:30 Happy Hour (4th) 7:00 Now Showing (MT)	9:00 ForeverFit Walking Club (L) 4 10:00 Monthly Communion w/ Gayton Baptist Church (4th) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 2:00 Crossword Puzzle (BR) 3:30 My Life Story (BR) 7:00 Greek Video (MT)
8:30 Cambridge Baptist Church Van Pick up (L) 5 2:00 Sunday Matinee Movie (MT) 2:00 Hymn Sing W/ Amy Ladd (4th) 4:00 Wii Games (4th)	Labor Day 10:00 ForeverFit Exercise (4th) 6 10:00 One Stroke Painting w/ Carol (MP) 10:30 Reminiscing, Let's talk About..... (B) 11:30 New Resident Welcome Committee (BR) 2:00 Bingo (BR) 7:00 Wii Games (4th)	9:00 ForeverFit Walking Club (L) 7 10:30 Current Events & Coffee (B) 1:00 Scrabble (4th) 2:00 Trivia Hour (BR) 2:00 Craft Time (MP) 3:30 LCR (MP) 6:00 Hospice 101 (MT) 7:00 Evening Movie (4th)	10:00 ForeverFit Exercise (4th) 8 10:30 Resident Forum (4th) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 3:30 A Taste of Home (MP) 7:00 Game Night (4th)	Rosh Hashanah 9:00 ForeverFit Walking Club (L) 9 10:00 Fitness Center Orientation (Fitness Center) 2:00 LiveWell Series Door to Door Solutions (MT) 3:30 Knitting from the Heart (BR)	9:00 Chicken Soup for the Soul (B) 10 10:00 ForeverFit Exercise (4th) 10:30 Food Forum (DR) 1:30 ForeverFit Tai Chi (4th) 2:00 Wii Games (4th) 2:00 Now Showing (MT) 3:30 Happy Hour (4th) 7:00 Now Showing (MT)	Patriot Day 9:00 ForeverFit Walking Club (L) 11 10:00 Gayton Baptist Church Bible Study (4th) 1:00 Scattergories (BR) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 3:30 My Life Story (BR) 7:00 Greek Video (MT)
Grandparents Day 8:30 Cambridge Baptist Church Van Pick up (L) 12 2:00 A Grand Bingo Game (BR) 2:00 Sunday Matinee Movie (MT) 4:00 Wii Games (4th)	10:00 ForeverFit Exercise (4th) 13 10:00 One Stroke Painting w/Carol (MP) 10:30 Reminiscing, Let's talk About..... (B) 11:30 New Resident Welcome Committee (BR) 1:00 ForeverFit Yoga (4th) 2:00 Bingo (BR) 3:30 Hooking Class (MP) 7:00 Wii Games (4th) 7:00 Frustrated Actors (B)	9:00 ForeverFit Walking Club (L) 14 10:30 Current Events & Coffee (B) 1:00 Scrabble (4th) 2:00 Trivia Hour (BR) 2:00 Craft Time (MP) 3:30 LCR (MP) 7:00 Evening Movie (4th)	10:00 ForeverFit Exercise (4th) 15 11:00 Mind Aerobics (BR) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 3:30 A Taste of Home (MP) 7:00 September Birthday Party (4th)	9:00 ForeverFit Walking Club (L) 16 10:30 Computer Class (Library) 6:00 LiveWell Series Robert Schaefer Book Signing (MT)	9:00 Chicken Soup for the Soul (B) 17 10:00 ForeverFit Exercise (4th) 10:30 Leadership Forum (BR) 1:30 ForeverFit Tai Chi (4th) 2:00 Wii Games (4th) 2:00 Now Showing (MT) 3:30 Happy Hour (4th) 7:00 Now Showing (MT)	Yom Kippur 9:00 ForeverFit Walking Club (L) 18 9:00 Self Care for Chronic Pain Meditation (4th) 10:00 Gayton Baptist Church Bible Study (4th) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 2:00 Crossword Puzzle (BR) 3:30 My Life Story (BR) 7:00 Greek Video (MT)
8:30 Cambridge Baptist Church Van Pick up (L) 19 2:00 Sunday Matinee Movie (MT) 2:00 Hymn Sing W/ Amy Ladd (4th) 4:00 Wii Games (4th)	10:00 ForeverFit Exercise (4th) 20 10:00 One Stroke Painting w/Carol (MP) 10:30 Reminiscing, Let's talk About..... (B) 11:30 New Resident Welcome Committee (BR) 1:00 ForeverFit Yoga (4th) 2:00 Bingo (BR) 7:00 Wii Games (4th)	9:00 ForeverFit Walking Club (L) 21 10:30 Current Events & Coffee (B) 1:00 Scrabble (4th) 2:00 Trivia Hour (BR) 2:00 Craft Time (MP) 3:30 LCR (MP) 7:00 Evening Movie (4th)	10:00 ForeverFit Exercise (4th) 22 11:00 Mind Aerobics (BR) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 3:30 A Taste of Home (MP) 7:00 Game Night (4th)	9:00 ForeverFit Walking Club (L) 23 11:30 Lunch Bunch at PF Change and Shopping at Stoney Point (O) 2:00 LiveWell Health and Fitness Fair (MP) 3:30 Knitting from the Heart (BR) 5:00 September Birthday Dinner (MP)	9:00 Chicken Soup for the Soul (B) 24 10:00 ForeverFit Exercise (4th) 1:30 ForeverFit Tai Chi (4th) 2:00 Wii Games (4th) 2:00 Now Showing (MT) 3:30 Happy Hour (4th) 7:00 Now Showing (MT)	9:00 ForeverFit Walking Club (L) 25 10:00 Gayton Baptist Church Bible Study (4th) 1:00 Scattergories (BR) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 3:30 My Life Story (BR) 7:00 Greek Video (MT)
8:30 Cambridge Baptist Church Van Pick up (L) 26 1:00 Double Wedding Henrico Theater Company (O) 2:00 Sunday Matinee Movie (MT) 4:00 Wii Games (4th)	10:00 ForeverFit Exercise (4th) 27 10:00 One Stroke Painting w/Carol (MP) 10:30 Reminiscing, Let's talk About..... (B) 11:30 New Resident Welcome Committee (BR) 1:00 ForeverFit Yoga (4th) 2:00 Bingo (BR) 3:30 Hooking Class (MP) 7:00 Wii Games (4th)	9:00 ForeverFit Walking Club (L) 28 10:30 Current Events & Coffee (B) 1:00 Scrabble (4th) 2:00 Trivia Hour (BR) 2:00 Craft Time (MP) 3:30 LCR (MP) 5:00 Greek Theme Dinner (DR) 7:00 Evening Movie (4th)	10:00 ForeverFit Exercise (4th) 29 11:00 Mind Aerobics (BR) 1:30 ForeverFit Strong for Life (4th) 2:00 Bingo (BR) 3:30 A Taste of Home (MP) 7:00 Game Night (4th)	9:00 ForeverFit Walking Club (L) 30 10:30 New Resident Orientation (MP) 2:00 Variety Show to Benefit Alzheimer's Memory Walk 2:00 A Ride in the Country (O)	ROOM KEY 4th - 4th Floor Activity Room BR - Bingo Room B - Bistro DR - Dining Room L - Lobby	MT - Movie Theater MP - Multipurpose Room 4th floor O - Outing